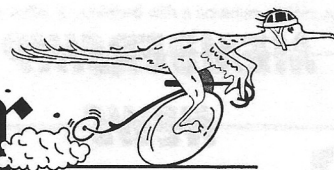


The Roadrunner



A Bi-monthly Publication of the Santa Cruz County Cycling Club

May - June 2002

website: www.santacruzcountycycling.org

Volume 31, Issue 3

From the President . . .

We now enter the best of times for cycling: warm weather and long days. Club members are preparing for a myriad of adventures and challenges this season—European tours, AIDS Vaccine Rides, races and more. Read on to learn about some unusual projects in the works.

Bicycle Commuting

Bike to Work Week got an early kick off at our April 22 meeting. Director Piet Canin shared a video promoting bicycle commuting, and to drive the point home, our guest speaker, Michael Washington, claimed 41 years "car-free." For most of us, a car-free life is hard to imagine, and yet there are many trips we make in our cars that could easily be accomplished on our bicycles. When we can't take our bikes, we can carpool or group our errands to avoid extra trips. A little extra planning can help not only our traffic and environment problems, but add to our enjoyment of the journey as well.

Club Leadership

Sharing leadership keeps SCCCC strong and growing. Volunteer for an office and help us keep the wheels turning! Here's a brief rundown of offices and what officers do:

President: presides over monthly board meetings and quarterly general meetings, oversees the functioning of the organization as a whole.

Vice President: helps the president and keeps track of club equipment.

Secretary: records meeting minutes, helps with correspondence as needed

Treasurer: makes deposits, writes checks, keeps accounts and files tax reports as needed

Membership Director: processes membership forms, publishes membership lists, and sends out renewal notices.

Rides Director: creates rides schedule and promotes ride leadership

Century Director: plans and oversees club century, Santa Cruz Mountains Challenge

Social Director: plans and oversees club social activities

Newsletter Editor: solicits articles and publishes bimonthly newsletter

Website Director: maintains website

Race Team Director: plans and oversees race team activities

Other positions that are listed in our bylaws include *Touring Director*, *Safety and Education Director*, *Cyclists' Rights Director*, *Librarian/Historian*, *Mountain Bike Director*, and *Fundraising Director*. These positions are not currently filled.

All officers and directors meet every second Monday of the month to conduct club business. Meetings begin at 7:00 pm at the Hub in downtown Santa Cruz.

If you are interested in a particular office, or would be willing to serve on a nominating committee, please contact Janet Fogel.

Road Warrior Mesmerizes Club Members with Tales (and Tools) of Adventure

Guitar picks as fire-starters? Knitting needles for tent stakes? Well, if tent poles can transform into a spear gun, why not!

Michael Washington, world-class bicycle traveler, speaker and photographer became our surprise guest presenter at the April 22 General Meeting. Over 45 club members were treated to his demonstration of survival gear, his creative and practical trailer design, and some whopping good tales.

On his way home (Oregon) from Argentina, Michael was in Santa Cruz for the Earth Day celebrations and met some club members. His presentation at our meeting included descriptions of traveling across the outback of Australia, across the permafrost of the Arctic, and a demonstration of not only his inventive gear, but also his talent and charm as an entertainer. Along with everything he requires to survive in any environment, he hauls a 12-string guitar and family of harmonicas. Music, for Michael, has been a source of personal pleasure, comradery, income and survival. Once, he claims, a curious grizzly bear came into his camp while he was playing and decided to stay, just to listen to what Michael now calls the Grizzly Blues.

Thanks to Jim Langely and Rick Hyman who arranged this last minute switch of program. We met a rare individual who is living his life's dream.

MEMBERSHIP NEWS

Welcome New Club Members:

Benjamin Weiner
Hanna Sharmer
Julie Howe
Gary Gogol
Frank Drees
Jeff Bronack
Robbie Abrundis
Richard Marks

The following memberships expire in
May and June:

Jeff Elman
Leo Lamboy
Dick Wray
Lee Sanders
David Gill
Kathy Molloy
Bayje Pomeroy
Karla and Ed Knapp
Sheila Moser
Jim and Stephanie Keenan
Dory Ross
Janie Tibbals
Lilly Ann Popken
Alton Crawley
Robert Ramirez
Linda Eglin
Harry Kelley
John Buchanan
Patrick Kretsch
Doug Raichle

Don't forget to **sign and date the membership application** found on Page 7 and send it along with your new membership or renewal dues. It is important to protect you under the liability policy the club holds through the **League of American Bicyclists (LAB)**. We think it is so important that you aren't "really" a member until you sign the form.

Robert J. Lupini, former SCCC member and officer, died Tuesday, April 16, in Grand Junction, Colorado at age 76. An avid bicycle rider, he rode the Oregon Trail from Independence, Mo., to Oregon City many times. He also competed in the Lewis and Clark ride from St. Louis, Mo., to Seaside, Ore., and rode his bike across the United States several times.

He is survived by his wife of 54 years, Lucille Lupini of Felton; son John Lupini of Los Banos; and daughter Margaret Schoffner of Magalia.

Services were held Tuesday, April 22. Contributions are preferred to California Grey Bears, 2710 Chanticleer Ave., Santa Cruz, 95065, or to Rails to Trails Conservancy, 1100 17th St., N.W., 10th Floor, Washington DC, 20036.

Get a Club Jersey

If you don't have a jersey yet or want more club clothing, David Gill and Jim Schwartz are organizing another jersey order. Once again there will be minimum quantities so it may not be possible to order exactly what you want unless 24 other people want the same style or garment as there are minimums.

The club order could include both tops (short sleeve, long sleeve, jacket, vest, etc.) and bottoms (shorts, bibs, knickers, tights, etc.). Contact David (zelig@cruzio.com or 423-0897) or Jim (jlschwartz@mindspring.com or 459-9454) for order information, including deposit amounts.

Race Team Invites all Club Members to Time Trials

The Race Team challenges themselves and all club members to ride against the clock the second Thursday of each month. This is a great opportunity to see if your spring and early summer training regime is really making you faster.

Time trial participants ride back to Santa Cruz and feast on pizza afterwards.

Check the website for details, including times posted in last months time trial. And ride out to Davenport to join in the fun on May 9, June 13, July 18, August 8, September 12.

<http://www.santacruzcyling.org/teamsc/timetrial/index.htm>

The Roadrunner Cycling Club. It is available at local photos, etc.) are we'll entertain all

Contact us at: SCCC P.O. Box 8342 Santa Cruz, CA 95061-8342, or on the web at www.santacruzcyling.org

SCCCC is a nonprofit organization pursuant to Section 501(c)(3) of the IRS Code.

OFFICERS

President	
Janet Fogel	438-0706
Vice President	
Linda Correia.....	336-5864
Secretary	
Mary Ann Daly.....	786-0356
Treasurer	
Chris Boman	479-1817
Membership	
Fancy Bulley	684-1231
Social Director	
Lilly Ann Popken	427-3438
Ride Directors	
Scott Campbell.....	479-3575
Herb Greenfield.....	685-8914
Race Team Director	
David B. Gill	423-0897
Century Director	
Jim Keenan	728-5951
Newsletter	
Penni Bengtson	338-0379
E-mail	tbengt@cruzio.com
Anita Dyer.....	335-5792
Webmaster	
David B. Gill	423-0897
E-mail	webmaster@santacruzcyling.org

EDITORS'



Please Note - Early Deadline for the next issue. Due to our travel and cycling schedules we're going to need your articles early for the next edition. The deadline will be June 10 so that we can have the production version ready to go no later than June 20.

Let us know what you think, what topics you'd like to see in upcoming issues, and don't forget to submit your own interesting articles and stories. You can submit your articles via e-mail or fax (831-338-2117).

Happy reading.... Anita and Penni

For the Glory...

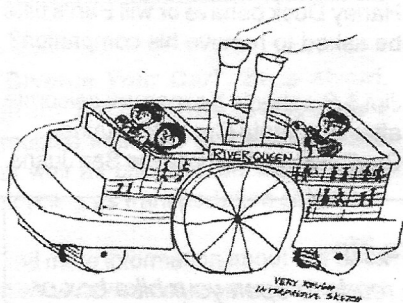
The World Championship Great Arcata to Ferndale Kinetic Race (May 25-27) will have two SCCCC cyclists this year. Teaming up with creators Scott Campbell and his brother will be Mike Andelora. The three will be powering an 8 by 13 foot all terrain kinetic sculpture from Eureka to Ferndale.

Engineered by Scott Campbell and his father and based on bicycle technology, this human-powered vehicle will look like a riverboat as it travels over and through dirt, sand, mud, water and whatever else the course provides. In addition to carrying its three human

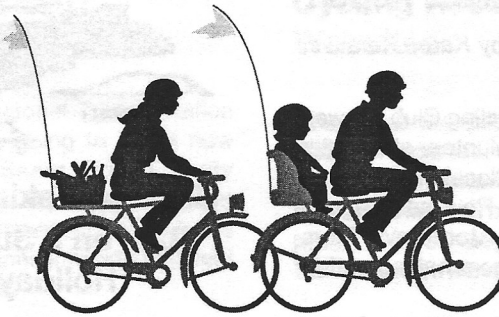
"engines", this riverboat will be laden with food, water and camping gear for the 3 day journey.

For 33 years now, artists and engineers have invested months in the craft of designing these amazing kinetic sculptures, with the incentive being...the fun and glory of it all. While there are prize categories such as best engineering, best art, best speed, etc. most participants are in it for the creative challenge and crazy adventure.

If you want to see Scott's creation before the big event, make sure to be at the May 12 Bike to Work Parade. And if you see a riverboat cruising down the San Lorenzo River, don't be surprised. It's probably the River Queen on a trial water run!



Concept sketch of
"the River Queen"



15th Annual Bike to Work Week Schedule of Events May 12 - 18

for a complete schedule of events, locations and time contact:

Melissa Meng 426-5925 ext 11 or

Piet Canin 423-9560

<http://www.bike2work.com>

Free Maintenance at the Bike Church all week!

Monday-Thursday, May 13-16
3pm-7pm

Pre-week HUB events

Beginning maintenance class
Saturday, May 11
Noon-2pm

Sunday, May 12

Pre-Parade Festival Pacific Avenue
Human Powered Parade 11am
BMX Air Show

Monday, May 13

Local Bike Industry Tour-Watsonville
Bicycle tour of Watsonville bicycle companies- Kestrel, Easy Racer, and Fox Racing Shox- led by the Santa Cruz County Cycling Club. Helmet required.

Bike Safety Class

Learn how to bike safely on busy urban street. Practice basic bike maneuvers, find out about commuter gear, and ask bike commuting questions, all designed to give you the confidence to bike on city streets.

Tuesday, May 14

Commuter Race

Is the car really the fastest form of transportation? See in this race between a motorist, a cyclist, electric bicyclist, and other commuters in morning traffic.

Safe Bike Commute Ride

A guided bike commute starting from Sprockets bike shop on Mission Street,

taking the safest and most bike-friendly route to Aptos. Get on the bike advice and guidance from veteran cyclists Kathy and Phil Trissell, owners of Sprockets. Helmet and a bike in good working order are required.

Wednesday, May 15

Food Delivery Day
Slide Show of Bicycle Friendly Cities and Towns in Germany

Thursday, May 16

Bike to Work/School Day Free Breakfast

Join one of the biggest Bike to Work Day events in the nation! \$1,000 Alternative Transportation prize drawing. Free Bike maintenance Free commuter massages

Elected Officials Bike Tour

Friday, May 17

Local Bike Industry Tour-Santa Cruz
Bike tour of bike companies located in the city of Santa Cruz: Santa Cruz Bicycles Inc., Bell Sport/Giro, Calfee, Rock Lobster, Hunter, Jetlites, and Wylder. Led by the Santa Cruz County Cycling Club. Helmet required.

Saturday, May 18

Transportation Transformations-Santa Cruz Historical Tour
The Spokesman's Big Air Fair
Bike-Loving Women's Tea Ceremony

Sea Otter Classic Report

by Karen Kefauver

The Santa Cruz Cycling Club showed up in full force to volunteer at the 12th annual Sea Otter Classic, held March 21-24 at Cannery Row and Laguna Seca Raceway in Monterey. More than 30 club members helped out!

On Thursday, about two dozen volunteers carpooled to Cannery Row for three shifts throughout the day. We put on our Sea Otter T-shirts, borrowed yellow marshal vests and flags, and chowed down a complimentary lunch before we took our posts along the course.

The four races of the day started with a womens mountain bike race at noon, followed by the mens race. The action was fast and furious as topnotch riders on slick tires competed in Stage 1 of the mountain bike race. At 2 p.m., the scene shifted to road racing, the start of Stage 2 for the men and womens road race.

With the blistering pace, it was hard to imagine that the elite riders from top teams like Saturn, Cannondale and U.S. Postal Service had completed a 17-mile time trial that morning. The women tackled 40 laps (50 percent of the field was pulled when they got spread out) and the men 80 laps in a short, rectangular course with tight turns and one hill.

Club volunteers helped maintain safe cycling conditions by monitoring the crowds lining the course. They also cheered on our locals including Justin Robinson, (Another Bike Shop), Cory Irimes (Spokesman), Damon Kluck (Saturn) and Andy Jacques-Mayne. They went by so fast it was hard to catch all our regional cyclists.

Friday's volunteers were treated to both road and mountain bike races as well. Thanks to Penni Bengston for two trips to Monterey. A big thanks to Janet Fogel for her tremendous efforts in coordinating volunteers for Sea Otter!



Are You Taking Your Bike on a Summer Holiday?

Good bike owners take their bikes with them when they travel. This summer lots of club members will be going on holiday with their bikes.

By the time you read this Betsy Schwartz, LillyAnn Popken, Daphne Gulling, Kathy Watson and Bayje Pomeroy will have returned via Amtrak from celebrating Daphne's birthday with their bikes by cycling from Capitola to San Luis Obispo, via Big Sur.

In May, Betsy and a friend visiting from Savannah, Georgia will cycle the coastal route from Leggett, California back to Capitola.

Betsy may get the best bike owner award this year as she is also flying her bike, Pumpkin, to Europe for an extended tour of the Baltics (Lithuania, Latvia and Estonia). Janet and Lawrence Fogel and their new tandem, Roadapple, are joining them.

Martha and Richard Bedal are celebrating Memorial Day weekend in Paso Robles at the Great Western Bike Rally. They are also taking their bikes to Veneta, Oregon in June.

Leo Moll has figured out how to combine boating and cycling. Bayje Pomeroy, Leo Jed, and Mateo (aka Tim Cruiser) will be joining this

adventure with barges, bikes and canals in France.

Bayje Pomeroy, Penni Bengtson and Lilly Ann Popken are all flying their bikes to Europe for the first Amsterdam to Paris AIDS Vaccine Ride. Lilly Ann wants to take her bike on this ride badly enough to camp!

Charley Fisher knows that Santa Cruz County is one of the best vacation spots in the world so he is going to stay at home and take his bike on lots of local rides.

Some bikes will be going on supported tours and get to see lots of country without having to carry any gear.

Ed and Barb Kilduff, Howard Swann, Anita Dyer and Jim Keenan will tour the wine country in May with Imagine Tours. In June this group is joining Martha Bedal, Stephanie Keenan, and the Almaden Cycle Touring Club for Sierra to the Sea, a ride from the gold country through the wine country to San Francisco via the Golden Gate.

Tim McCloskey, Pete Campbell, and Mateo are taking their bikes north to ride the Cycle Oregon tour in mid September.

Frank & Vita Pritchard are leading a group of Global cyclists to France in September. Joining them are Larry & Violet Puretz, Mike Andalora & Sharon Curtaz and Ric Eiserling and more.

Bart Coddington is taking his bicycle and it's Harley Duck to the International Pinot Noir Celebration in McMinnville, Oregon in July. Will Harley Duck behave or will Bart's bike be asked to remove his companion?

Jim & Stephanie Keenan will celebrate after the Santa Cruz Mountains Challenge with a trip to the San Juans.

Travelers Tip

If you plan on flying with your bike be ready to open your bike box or case on arrival at the airport. In the aftermath of September 11 you will be expected to show the contents of your bike travel case prior to checking it as luggage - so don't tape or secure anything that you are not prepared to open or fix once you're at the airport.



Long Distance Training Ride Schedule

May 4 - July 13, 2002

Rider Levels A = **Leisurely** pace (up to 10 mph) with frequent stops and regrouping.
 B = **Moderate** pace (10-15 mph), stops as needed, wait for stragglers.
 C = **Brisk** pace (15-20 mph), stops as needed. No obligation to wait if maps are provided.

All carpool locations start at Jade Street Park (Capitola Community Center) unless otherwise noted.

Date	Start	Destination	Ride Leaders	Contact Info	Notes
4-May	Scotts Valley Park and Ride	Local tour	Bart Favero	408-438-1410	
	Ride Level	Mileage	Elevation not available		Ride starts at 9:30 Lunch in Felton, or bring your own. Carpool leaves CCC at 8:30 am
	A	30			
	B	40			
	C	50			
11-May	Jade Street Park (CCC)	Sequoia Seminar Center	Janet Fogel	438-0706	
	Ride Level	Mileage	Elevation not available		Ride starts at 9:30am to see the newly installed "Seven Generations" sculptures at the Sequoia Seminar Center outside of Ben Lomond at the foot of Alba Rd. Lunch in Felton or bring your own food.
	A	30			
	B	40			
	C	50			
18-May	Jade Street Part	Scotts Valley	Peter Minearo	464-0158	
	Ride Level	Mileage	Elevation		Join our newest ride leader for a journey into the hills above Santa Cruz. Lunch in Scotts Valley or Summit Store Ride leaves Jade Street Park (CCC) at 9:00 am Highlights of this ride: Soquel-San Jose Road, Mt View Road, Summit Road, Mt. Charlie Road, and Rodeo Gulch
	A	20	2400		
	B	27	3700		
	C	37	5900		
25-May	Natural Bridges	Costanoa Resort	Richard Bedal	460-1818	
	Ride Level	Mileage	Elevation not available		All riders head north on Hwy 1 to Coastanoa Resort for lunch. B&C riders will take the Swanton Rd. option. C Riders may go as far north as they wish after lunch and then return.
	A	26	Start in Davenport (Whale City Bakery) 10:00 am		
	B	46	Start at Natural Bridges		
	C	46+	Start at Natural Bridges		
1-Jun	Pescadero Church	Tunitas Creek	Chris Boman	479-1817	
	Ride Level	Mileage	Elevation		Ride starts at 9:30 at Pescadero Church (Stage Rd) Carpool leaves Jade Street Park at 8:00am Route follows Gazos Creek, La Honda, to Tunitas Creek. Lunch in Pescadero or La Honda.
	A	29	900		
	B	39	2600		
	C	54	4500		
8-Jun	Hwy 1 & Gazos Creek	Pescadero	Ric Eiserling	475-5397	
	Ride Level	Mileage	Elevation		Ride starts at 8:30 Carpool leaves Jade Street Part at 7:30 am
	A	24	500		
	B	32	900		
	C	60	3000		
15-Jun	Progressive Dinner Ride		Lilly Ann Popken	427-3438	Mike Andalora 479-3221
	Starting point and locations TBD. Progressive Dinner ride.				
22-Jun	Pac Bell Park in SF	Angel Island	Frank and Vita Pritchard	477-1736	
	Ride Level	Mileage	Elevation not available		Ride to ferry landing and board ferry to Angel Island. Return from Tiburon. Picnic by the shore. Bring lunch and money for ferry ride. Ride starts at 10:00 am. Carpool from CCC at 8:00 am.
	Single Level for all	50			
29-Jun	Natural Bridges (Swanton St)	Bonny Doon Loop	Tina Ensign	476-1043	
	Ride Level	Mileage	Elevation		Ride starts at 8:30. Lunch in Davenport A: Davenport and Swanton Road B: Bonny Doon and Empire Grade C: Ice Cream Grade
	A	34	800		
	B	41	1500		
	C	43	2800		
4-Jul	Jade Street Park (CCC)	TBD	No Host Ride		
	Show up at Jade Street Park at 9:00am and choose the ride of your choice.				
6-Jul	Natural Bridges	Costanoa Resort	Scott Campbell	479-3575	
	Ride Level	Mileage	Elevation not available		Start at Natural Bridges (Swanton St) at 9:30am. A: Lunch in Davenport and return B and C riders to to Coastanoa for lunch. B riders return. C riders continue to Pigeon Point Lighthouse.
	A	20			
	B	50			
	C	65			
13-Jul	Scotts Valley Park and Ride	Los Gatos	Janet Fogel	438-0706	Janet's Birthday Ride!!!!
	Ride Level	Mileage	Elevation not available		From Scotts Valley climb Mt Charlie Road, crossover Hwy 17 to circle Lexington Reservoir. C Riders climb up Soda Springs Road. Lunch in Los Gatos. Mountain bikes recommended but not essential.
	A	40			
	B	50			
	C				



Weekly Rides and other Events

Club Sponsored Weekly Rides

Tuesday Morning Ride **Leader: Martha Bedal** **460-1818**

Every Tuesday morning at 10:00 am. Multi-level training ride. Train or just ride for fun, 25 - 40 miles. Moderately paced with regroupings and a lunch stop. Bring money for lunch or snacks. Now departs from the road that leads to Nisene Marks, not in the park, but just off Soquel Drive behind the Pacific Rim Buffet, across from the Aptos Community Park. Call Martha if you are not sure on directions. All levels welcome. First Tuesday of the month the ride starts at a different location (TBA each month).

Thursday Time Trials **David Gill** **423-0897**

6:15 start at the South end of Swanton Road. The second Thursday of each month, April through October.

Evening Mountain Bike Ride **Barnaby Lee** **471-0842**

Friday evening mountain biking meets at 6:30 pm on Fridays. Call Barnaby for more information or check the club website for more details. A group e-mail will be sent announcing the first ride dates.

Non-Sponsored Weekly Events *Club assumes no responsibility for the action of riders or occurrences on these rides. Please wear your helmets).*

Sprokets Sunday Ride **Phil or Kathy Trissell** **426-7623**

Meet at Sprokets Bicycle Shop at 1420 Mission Street at 8:00 am on Sunday morning. Average pace is about 15 mph for a 25 to 30 mile loop. Helmets are required. Rain Cancels. Get on the e-mail list for this ride for weekly updates on details.

Saturday Mountain Biking 10:00am at Wilder Ranch State Park. Depart from the information sign near freeway underpass tunnel. Rain within 48 hours cancels. Helmets required. All ride levels welcome. For more information, call 427-9937

Trail Maintenance Work Party First Sunday of every month. Meet at 10:00am in Wilder Ranch parking lot to work approximately 4 hours. Bring water, food, gloves, etc. Free swag.

Fifty Plus Fitness Association **464-7340**

Last Saturday of each month. Ride starts at 9:00am in different locations, call for location. Bring water and helmet, spares and tools, etc.

Out of Town and Fund Raiser Rides

Delta Century Saturday, May 5 Stockton, CA Still time to register. \$35
100M, 100K, 50K www.sbclub.org Limited to 500 Riders

Tour De Fort Ord Saturday, May 11 www.tourdefortord.org
25M, 50M

iCareClassic Saturday, May 18 www.icareclassic.org/index.shtml
25M, 50M, 100K, 100M

Lodi Sunrise Century Saturday, May 18 www.LodiSunriseRotary.org
25M, 100K, 110M

Strawberry Fields Forever Sunday, May 19 www.strawberryfields.org
25M, 100K, 100M

Sierra Century Saturday, June 1 www.sierracentury.org \$32 by May 25
122M, 102M, 64M, 24M Sacramento Wheelmen
P.O. Box 5040
Fair Oaks, CA 95628

Sequoia Century Sunday, June 2 www.westernwheelers.org
200K, 100M, 100K (hilly), 100K
50K

Santa Cruz Mountain Challenge Saturday, August 3 www.santacruzcyling.org/ Jim Keenan 728-5951
100M, 64M, 40M

This year's Santa Cruz Mountain Challenge will take place on August 3rd. Once again, we will be showing off our beautiful area. Those who worked last year had a great time, despite working a long day. You'll notice a new 40M ride in place of last year's 30 mile family ride. This will be a challenging ride to the top of Eureka Canyon in the spirit of our Mountain Challenge. If you would like to volunteer to help in this great event call Jim Keenan and offer your assistance.

Sonoma Waves to Wine Sat - Sun, Sept 28 and 29 www.msconnection.org annual fundraiser for Multiple
100M, 75M, 50M, 25M Sclerosis



Low Calorie Orange - Cantaloupe Smoothie

Place all ingredients in a blender or food processor and blend on high until smooth.

Add your favorite recovery powder to this smoothie and don't forget to adjust the calories and carbohydrate levels.

Ingredients

1/2 cup orange juice
1/2 cup peeled, seeded and cubed cantaloupe
honey to taste

Nutrition Facts

Serving Size about 1 cup

Amount Per Serving

Calories 84
Total Fat 0 g
Saturated Fat 0 g
Protein 2 g
Total Carbohydrate 20 g
Dietary Fiber 1 g
Sodium 8 mg
Percent Calories from Fat 5%
Percent Calories from Protein 7%
Percent Calories from Carbohydrate 88%

Plus recovery mix calories and carbohydrate information.

"Divorce Your Car", Katie Alvord, offers an overview of society's troubled marriage to the automobile as well as chapters on walking and bicycling as transportation solutions.

Find more information about this book at www.newsociety.com or order from the author:

Katie Alvord
P.O. Box 516
Houghton, MI 49931
ktalvord@portup.com

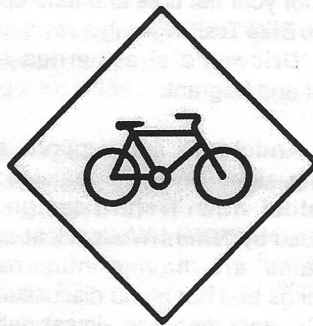
New Santa Cruz Bikeways Map

The county Regional Transportation Commission is going to press now with the new Santa Cruz County Bikeways Map. This new version covers the entire county and shows our favorite connections into adjacent counties as well.

A 24" x 36" map that folds into a 4" x 9" standard map packet the new map will include inserts showing Watsonville, Scotts Valley, and the San Lorenzo Valley. Bike paths, striped and marked bike lanes and good alternative routes will all be included. The map will be bilingual, with keys in Spanish and English.

Look for this new map at Bike to Work events or pick up a copy at the Regional Transportation Office at 1523 Pacific Avenue (above Chef Works).

The map will also be available in our local bike shops, at the transit centers, and libraries.



The Club Map

It was lost and now is found. The club produced a beautiful poster size map years ago for free distribution to club members and to sell at events and through bike shops. Barnaby Lee led a search for the remaining copies, found them and is now the club map guy.

If you would like a copy or want copies to sell contact Barnaby (barnabylee@juno.com or call him at 471-0842).

Cycling Resources and Websites

Check out the Bike Church at The Hub, our local tool co-op. Open with volunteer mechanics to help you Monday through Thursday from 3-7 p.m. at The Hub, 224 Walnut St., Santa Cruz. (www.santacruzhub.org)

Check www.sccrtc.org for updates from The Regional Transportation Commission including the bicycle hazard reporting form to report road hazards anywhere within the county.

www.santacruzcycling.org
Santa Cruz Cycling Club

www.mbos.org
Mountain Bikers of Santa Cruz

www.santacruzhub.org
The Hub

www.sccrtc.org
Santa Cruz County Regional
Transportation Commission

www.bike2work.com
Bike to Work programs and events

www.bikeleague.org
League of American Bicyclists

www.adventurecycling.org
Adventure Cycling

www.cabobike.org: California
Association of Bicycling

www.cyclecalifornia.com
Cycle California magazine (century
sponsor)

www.actc.org
Almaden Cycling Touring Club

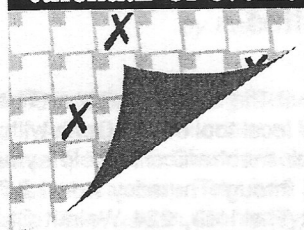
www.artcycles.com/tandems
Bay Area Roaming Tandems

www.BikeRoute.com
National Bicycle Greenway

www.gwbr.org
Great Western Bike Rally



Calendar of events



The 38th annual Great Western Bicycle Rally

May 24 to 26, 2002 cyclists from all over will gather at the fairgrounds in Paso Robles. Throughout the weekend, there are rides, entertainment, meetings, classes and activities ranging from a get Acquainted party, a swap meet, a Wine and Cheese Party, the Concours D'Elegance, an annual Cookout, and finally, an awards ceremony for the fastest, strongest, oldest, youngest etc. Over 20 rides of all distances and difficulties are offered. There are door prizes as well. All this for a registration fee of \$17 per person or \$43 per family. And, the California Association of Bicycling Organizations holds its annual meeting at the rally.

Camp at the Fairgrounds (\$10 per night) or book a motel, hundreds of rooms within 25 miles.

More information: GWBR, PO Box 4389, Culver City, CA 90231/ 310.838.0843 or 714.529.5728. Web site: <http://www.gwbr.org>

Watsonville Criterium July 20

The SCCCC racing team will need your support as volunteers and with cheers and cowbells. Contact David Gill to volunteer (zelig@cruzio.com / 423-0897)

NBG - August 11

Santa Cruz National Bicycle Greenway Festival, San Lorenzo Park, kick off festival for the 2002 ride across the USA to support the Greenway. <http://www.BikeRoute.com>

Strawberry Fields Forever XIII

by Vita Pritchard

Strawberries in the fields are almost ripe and will be served with whipped cream and chocolate at Aptos High School in just two weeks. Hurry up and sign up for the traditional Strawberry Fields Forever ride! Sponsored by Global Cyclists Exchange and volunteers from SCCCC this event is happening on Sunday, May 19 this year.

Choose from enjoyable 25, moderate difficult 65, and challenging 100 miles. Club members get a \$3 discount. Early registration deadline is May 1. The details about SFF XIII are on the web site: strawberryfields.org. It has some new features - online registrations and information about Global Cyclists Exchange and its programs.

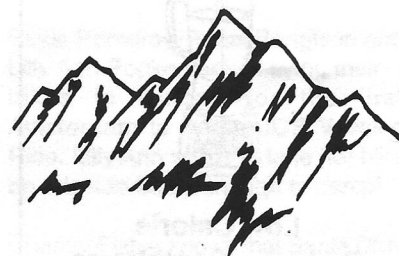
The crew of volunteers and devoted sponsors are lined up:

Trey's True Wheels will provide the tools for your flat tires and tune ups; **Aptos Bike Trail** is giving away a new bike; **Driscoll's** strawberries are sweet and fragrant.

Mike Andalora's sag support are putting signs on their vehicles; A beautiful new T-shirt design is provided by **Tiffani Wells**; Rest stop captains are having numerous meetings and hot menu discussions; the Gourmet dinner is almost nailed down.

Registration team is under confident **Lily Ann's** leadership; **Ed Kilduff** is pulling out his paint from the storage to mark the course; Music and raffle arrangements are in progress.

Coordinator **Frank Pritchard's** anxiety grows.....and.....Volunteer coordinator **Scott Campbell** still wants more volunteers! You'll get a tee shirt and ride for free before or after your work. Please call him at: (831) 479-3575.



If You Like Us, Talk About Us - Help Promote the Santa Cruz Mountains Challenge

Santa Cruz Mountains Challenge Flyers are now available. This event not only funds club activities for the year, it also brings our club a lot of recognition in Northern California. The excitement we generated last year brought in the best ever registration for this century. Let's do it again this year!

Keep extra flyers in your car and hand them out when you go to other centuries. Talk about our century when you are riding out of the area. Tell people about our website, www.santacruzcyling.org, where they will be able to register online. If you belong to other clubs, be sure their newsletter editor knows to list the Santa Cruz Mountains Challenge and suggest club members ride the event together. If you belong to a cycling newsgroup, post information about this ride.

Santa Cruz is a great place to visit every month of the year but the first Saturday in August is one of the best dates to be here on a bike and our century ride is the best way to enjoy a challenging summer ride. Talk about it!

To get extra flyers contact Jim Keenan (sidejimsid@aol.com or 728-5951), Janet Fogel (jfogel@prodigy.net or 438-0706) or Anita Dyer (adyer@pacbell.net or 335-5792).

SCCCC Membership Application/Renewal Form

The Santa Cruz County Cycling Club is a group of cycling enthusiasts with a wide variety of interests and abilities. A bimonthly newsletter is published with a schedule of rides and announcements. Annual membership dues are \$15 for individuals, \$20 for Family, \$8 for Juniors (under 18)

Applicant First and Last Name (please print)		Family Members (if family membership)	
Address		Date of Application	
City	State	Zip Code	
Home Phone	Work Phone	E-mail	
Please check the appropriate box <input type="checkbox"/> New Member <input type="checkbox"/> Membership Renewal <input type="checkbox"/> Information Change		Please check the appropriate box <input type="checkbox"/> Individual <input type="checkbox"/> Family <input type="checkbox"/> Race Team <input type="checkbox"/> Junior (under 18) <input type="checkbox"/> Please publish only my name & phone number on club membership list.	

LEAGUE OF AMERICAN BICYCLISTS ("LAB")
RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGREEMENT")
Each applicant for membership shall READ and SIGN the following Release Agreement

IN CONSIDERATION of being permitted to participate in any way in Santa Cruz County Cycling Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a result of my participation in the Activity.

3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the Club, the LAB, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of the premises on which the Activity takes place (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

_____ Signature of Applicant	_____ Date	_____ Signature(s) of additional family members 18 years or older	_____ Date
---------------------------------	---------------	--	---------------

Please complete the following for any minor (<18 years old) family members:

_____	_____
_____	_____
_____	_____
Name	Age

_____	_____
_____	_____
_____	_____
Name	Age

MINOR RELEASE

And I, the Minor's parent and/or legal guardian, understand the nature of bicycling activities and the Minor's experience and capabilities and believe the minor to be qualified, in good faith, and in proper physical condition to participate in such activities.

I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR ANY COST THAT MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

Printed Name of Parent or Guardian

Signature of Minor

Incomplete Forms Will Be Returned

Enclosed is \$_____ dues for membership in the Santa Cruz County Cycling Club which entitles me to all the rights and privileges of membership.
Make check payable to SCCCC and mail to: Santa Cruz County Cycling Club, P.O. Box 8342, Santa Cruz, CA 95065-8342

FOR
SALE

Yakima Rack with towers and crossbars. Will fit older car with gutters. Includes locks but no other goodies. \$50. Howard or Anita at 335-5792.

Wanted: an inexpensive road or hybrid bike for a friend who does not have much money and does not ride very much. 19-20-speeds would be plenty. If you have a bike to sell or know of one, please contact Mary Hammer(mhammer6293@earthlink.net or 338-6884).

Lost and Found: Items left at Tim McClosky's house after the BBQ on April 20. Plaid shirt (burgundy and grey) and a casserole dish. Call Anita at 335-5792 to claim your items.

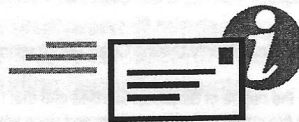
If you are interested in advertising bike related clothing or gear, email tbengt@cruzio.com, and it will be posted here at no cost.

Club E-Mail List

Don't forget that the club has it's own e-mail list for communication among members.

To become a member, send an e-mail to majordomo@employees.org. In the body of the e-mail enter the following message: "subscribe scccc [insert your e-mail address here]". You should receive a confirmation e-mail.

You will need to respond to that e-mail, and when that is done you will automatically be added to the subscription list.



Upcoming Club Meetings

All Meetings 7:00pm Simpkins
Swim Center

**July 22
October 28**

All members are welcome to attend monthly board meetings at The Hub, 224 Walnut Street, Santa Cruz, at 7:00 pm.

The next meeting dates are:

**May
June
July**



Santa Cruz County Cycling Club
P.O. Box 8342
Santa Cruz, CA 95061-8342

DATED MATERIAL