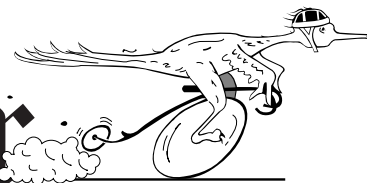




The Roadrunner



A Bi-monthly Publication of the Santa Cruz County Cycling Club

January - February 2003

Volume 32, Issue 1

President's Message

Salutations! Another wonderful cycling year is ahead of us. As I compose this message to you, our Ride Directors are busily working on rides for our enjoyment over the next few months; our Publishers are working furiously to meet the newsletter deadline; our Membership chair is updating our membership list; our Treasurer (the man with the checkbook) is busy balancing the budget; our Social Directors are dreaming up fun things for all of us to enjoy; our Race Team Director is planning our team's upcoming events; and our Secretary is artfully keeping up with all of the end of the year meetings. I am fortunate to have such a great team.

I also want to acknowledge and show my appreciation to all of the volunteers and every single member. It is you who make the Club what it is. The Club is the strongest it has ever been. This upcoming year will be exciting and I look forward to riding, the social activities, and the friendships that will develop as the year progresses. Thanks to all of you.

It took a little practice, but I did learn the secret presidential handshake from Janet. What a great lady!

Please feel free to contact me via telephone, email, or in person with

your ideas and/or suggestions. Your input is important and will help to keep the Club healthy, strong, and will be a reflection of your voices. All inputs are valuable and will be reviewed by the Board.

See ya!

Linda Correia

Bicycling For All Seasons

With winter upon us, many decide not to ride. But, with proper equipment and attention to riding techniques it is possible to bike in comfort and safety all year long. The most important thing is to be prepared for rainy conditions and/or darkness on every trip.

Cyclists should use extra caution in the winter since visibility is often decreased (for both cyclists and drivers) and stopping distance often increased. Cyclists need to allow extra time for slowing and stopping to avoid skids, and brakes must clear water from the rims before they are effective, adding to stopping distance. Puddles and piles of leaves/debris can often hide potholes and sticks, so avoid them both. Well worn as well as under inflated tires also increase the chances for flat tires or accidents. Some prefer a heavier tire during the wet months.

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Bicycling Class for Beginners and Re-Beginners

To go along with all those New Year Resolutions, SCCCC is offering a series of classes to bring you into the mainstream of recreational cycling. This series will include: conditioning, cycling physiology, bike handling techniques, equipment essentials, bike sizing and setup, road repairs, safety, climbing and descending, and group rides to exciting destination in Santa Cruz County.

This class will be held at the Simpkins Swim Center, 979 17th Ave. in Santa Cruz. The first class is Wednesday, January 8th, starting at 7:30 P.M. and ending at 9:00 P.M. There will be 4 subsequent classes, each held the following Wednesday nights with the same time schedule. Beginning Sunday, January 12, group rides will depart at 10:00 A.M. from Simpkins Swim Center. Rides will include a lunch stop and return to the swim center by 1:00 P.M.

Cost for the series is \$20. A working bicycle and helmet are required for the rides.

Leo Moll returns as the instructor of this class and ride series. If you have any questions please contact Leo @ 662-9413. We hope to see a lot of people in this exciting New Year venture!

SCCCC Board Meeting

December 9, 2002

Attendees: Janet Fogel, David Gill, Simone Montez, Frank & Vita Pritchard, Tim McClosky, Lilly Ann Popken, Eileen Beaudry, Scott Campbell, Herb Greenfield, Bart and Joan Favero, Brent Chapman, Anita Dyer, Penni Bengtson, Chris Boman, Justine Heaton, Sharon Curtaz, Kathy Watson

Absent: Linda Correia, due to illness

1. BOARD MEMBERS REPORTS

Janet Fogel – President

Communicated to Piet Canon, the Club decision to decline an opportunity to act as fiscal sponsor for the Pacific Coast Athletic Development Triathlon Team.

Also spoke with The Hub about the termination of our rental agreement with them and our desire to continue meeting there. Hub agreed to this arrangement.

David Gill – Race Team

Northern California/Nevada Cycling Association will rejoin United States Cycling Federation because USCF has better insurance coverage for racers. All racers will be licensed through USCF.

Lilly Ann Popken – Social Director

Holiday Party @ 4:30, if rain cancels, arrive at 6pm for dinner and gift exchange. Bring salad or dessert and a white elephant gift. Don your bikes with front and back lights.

Herb Greenfield – Ride Coordinator

New ride series from Jan. 25th through end of March is in place. Next series is in the works. Club's Ride Sign-Up form has been updated by Herb.

Will be organizing work parties for the club to make 60 A-frame sign standards for the Century. Global Cyclists is willing to partially fund the sign materials in exchange for usage privileges.

2. CLUB CALENDAR FOR 2003

The All Membership Meetings are changing to TUESDAYS due to Simpkins availability. Dates are the 4th Tuesday of the quarter and are as follows: Jan. 28th, April 22nd, July 22nd, Oct. 28th.

SCCCC Board meetings will remain on the 2nd Monday of the month.

3. RESEARCH PROJECT

U. of Maryland graduate student has requested help with his research to determine the best/preferred type of route cue sheets for cyclists. Herb will be the point of contact for the Club.

4. SISTER CITIES

An invitation from Shingu, Japan mayor was e-mailed to Global Cyclists Exchange and invited 3-5 racers to participate in 3 days of racing and one recreational ride, April 18-20, 2003. Race team to look into getting a team together.

ACTION ITEMS

Brent & David, Work on getting team together for Japan trip by Jan. 13th.

Herb, Get amended Ride Schedule to Scott by Dec. 15th.

Tim & David, Coordinate web site transfer to Tim by Jan. 13th.

Janet, Bart, Scott, Move SCCC out of the Hub and into STOREMORE America by Dec. 22nd.



The Roadrunner is the official newsletter of the Santa Cruz County Cycling Club. It is published bimonthly, mailed free to all members, and is available at local bicycle shops, etc. Submissions (articles, photos, and letters) are gladly accepted. Email or a diskette are easiest, but we'll entertain all options.

Contact us at:

Santa Cruz County Cycling Club
P.O. Box 8342
Santa Cruz, CA 95061-8342
or
www.santacruzcycling.org

The Santa Cruz County Cycling Club is a nonprofit organization pursuant to Section 501(c)3 of the Internal Revenue Service code.

OFFICERS

President

Linda Correia 336-5864

Vice President

Brent Chapman 335-8108

Secretary

Eileen Beaudry 458-1785

Treasurer

Chris Boman 479-1817

Membership

Kathy Watson 460-9141

Social Director

Frank & Vita Pritchard 477-1736

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Justine Heaton 460-1462
justaheaton@yahoo.com

Race Team Director

David B. Gill 423-0897

Century Director

Janet Fogel 438-0706

Newsletter Editor

Scott Campbell 479-3575
Email longrider@redshift.com

Webmaster

Tim McCloskey 458-9860
webmaster@santacruzcycling.org

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When riding in darkness bicyclist are legally required to have a white light in the front, a red reflector in the back (a red taillight either steady or flashing is more effective), white or yellow reflectors on the front and back of each pedal and two white or yellow reflectors on each side (generally on the wheels). Even the brightest lights won't help if drivers don't see you. Ride predictably on the right side of the road where drivers expect to see vehicles.

Even then be aware that fogged windows, inadequate windshield wipers, or plain old inattention may keep a driver from seeing you.

Staying warm and dry can always be a challenge. Good rain gear, shoe covers or plastic bags in your

shoes helps keep feet warm and dry. Lining bike bags and packs with plastic garbage bags can save the contents from rain disaster. Wearing a hat with a brim under your helmet can also help keep rain out your eyes and glasses.

Safety Checklist to Begin the Winter Season:

- be up to date on bike maintenance (tires, brakes, chains etc.)
- check bulbs and batteries in lights (carry extra)
- check your raingear Is it still in good enough shape to keep you dry?
- dry your bike after riding in wet weather to prevent rust

With the right attitude and the right equipment, rain or shine cycling can be fun all year round.

2003 in Full View

JANUARY

Wednesday	8th	Cycling Class for Beginners
Sunday	12th	Beginners Ride with Leo
Monday	13th	Board Meeting
Wednesday	15th	Cycling Class for Beginners
Sunday	19th	Beginners Ride with Leo
Wednesday	22nd	Cycling Class for Beginners
Sunday	26th	Beginners Ride with Leo
Tuesday	28th	General Club Meeting
Wednesday	29th	Cycling Class for Beginners

FEBRUARY

Sunday	2nd	Beginners Ride with Leo
Wednesday	5th	Cycling Class for Beginners
Fri & Sat	7th & 8th	BE-Pro Conference
Sunday	9th	Beginners Ride with Leo
Monday	10th	Board Meeting
Friday	15th	Newsletter Deadline

MARCH

Monday	10th	Board Meeting
Saturday	29th	Cinderella Classic Century

APRIL

Saturday	5th	Tierra Bella Century
Thursday	10th	Club Time Trial
Thur.-Sun.	10-13	Sea Otter Classic
Monday	14th	Board Meeting
Tuesday	15th	Newsletter Deadline
Tuesday	22nd	General Club Meeting

MAY

Thursday	8th	Club Time Trial
Monday	12th	Board Meeting
Sunday	18th	Strawberry Fields Forever

JUNE

Monday	9th	Board Meeting
Thursday	12th	Club Time Trial
Sunday	15th	Newsletter Deadline

JULY

Thursday	10th	Club Time Trial
Monday	14th	Board Meeting
Tuesday	22nd	General Club Meeting

AUGUST

Saturday	2nd	Santa Cruz Mountains Challenge
Monday	11th	Board Meeting
Thursday	14th	Club Time Trial
Friday	15th	Newsletter Deadline
Saturday	16th	SCMC Volunteer Party

SEPTEMBER

Monday	8th	Board Meeting
Thursday	11th	Club Time Trial
Saturday	20th	All Day, Eat & Ride
Sat & Sun	27th & 28th	Waves to Wine MS Ride

OCTOBER

Saturday	4th	Grizzly Century
Monday	13th	Board Meeting
Wednesday	15th	Newsletter Deadline
Tuesday	28th	General Club Meeting

NOVEMBER

Monday	10th	Board Meeting
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DECEMBER

Monday	8th	Board Meeting
Sunday	14th	Holiday Lights Ride
Monday	15th	Newsletter Deadline

Weekly Rides

Tuesday

Meet at 10:00 A.M. for this is social/leisurely paced road ride. Start on Aptos Creek Rd. just off Soquel Drive in Aptos. Aptos Creek Rd. leads to the entrance of Nisene Marks State Park. On the first Tuesday of each month, the ride starts at another location. Call the leader to find the location. The distance will vary from 20-40 miles and will always be a fun adventure. Destinations always include coffee and lunch stops. Bring water, snacks, and money for lunch.

Contact: Bart & Joan Favero 438-1410

Thursday

Meet at 10:00 A.M. in front of the Corralitos Market in Corralitos for a moderately paced road ride of 25-45 miles. This is a No Leader—Decide and Ride. Bring water, snacks, and essentials for bicycle repairs.

Capitola Community Center (CCC) is located at Jade Street Park on Jade St. @ 45th Ave. in Capitola.

All ride participants must wear a helmet, bring essentials for bicycle repairs, have a bicycle that functions well, and obey all traffic laws!

Rider Levels

A = Novice: you can ride 15 miles on a mostly level road at a leisurely pace.

B = Intermediate: you can ride 40-60 miles with some hills at a moderate pace.

C = Experienced: you can ride 80-100 miles with hills at a brisk pace if you choose.

We wait for riders at all levels, although the C level riders are not obligated to wait, particularly when a map/queue sheet is provided.

Wednesday, January 1, 2003

Emilie's New Years Day Bike Ride

Starts from Emilie's house: 140 Corona Ct., Watsonville @ 10:00 A.M. Come earlier for coffee. 15 and 30 mile routes. Brunch afterwards. RSVP so we'll know how many muffins to bake.

Emilie Holder..... 724-1096 or emiliejean@aol.com

Saturday, January 4, 2003

Happy New Year Ride

Start from Jade St. Park (CCC) @ 9:30 A.M. Rise up to the occasion for the first ride of the New Year. Bring out your new winter togs to show. Lunch will be something to remember! A = 25mi, B = 30mi, C = 40mi.

Tim McCloskey 458-9860

Saturday, January 11, 2003

Over Hill and Dale

Start from Jade St. Park @ 9:30 A.M.

A Riders: Will head up San Jose-Soquel Rd.

B Riders: Will head up over Rodeo Gulch.

C Riders: Will head across town and head up Empire Grade to Jamison Rd. Everyone will have lunch at one of the many restaurants on Mt. Herman Rd. in Scotts Valley. All riders will take the same route back to Jade St. Park. A = 25mi, B = 40mi, C = 50 miles.

Peter Minearo 464-0158

Sunday, January 12, 2003

Second Sunday Standard Ride

Starts from public parking lot on Soquel Ave. and Cayuga St. (next to the fire station) @ 9:00 A.M. A 30-mile scenic route for lunch. No Leader.

Saturday, January 18, 2003

Local Ride, Not Tour of the Puddles in previous Roadrunner listing!

Many riders will start from Chaminade @ 11:00 A.M. (Strawberry Fields Forever kick-off do) while others may start from Jade St. Park (CCC) @ 10:15 A.M. Verify with a call to Ric and/or watch for an e-mail. 25-45 hilly miles with lunch in Scotts Valley?

Ric Eiserling 475-5397

Long Distance Training Rides

This is the start of the Long Distance Training Support Group/Saturday Series. As in the past, riders from every ability level will use this series to achieve goals that they have set for the year. Whether you want to ride your first century or just lose a few extra pounds, this is the best way to accomplish your goal. Each ride will increase in mileage and/or intensity. Come out and challenge yourself!

Week 1-Saturday, January 25, 2003

Santa Cruz Harbor.

Starts from Jade St. Park (CCC) @ 9:30 A.M. Lunch @ Café El Palomar at the Santa Cruz Harbor. A = 17mi/200ft, B = 20mi/400ft, C = 32mi/2000ft.

Debbie Hale..... 462-6653

RAIN CANCELS RIDES

Call ride leader for more information

Week 2-Saturday, February 1, 2003

Seascape

Starts from Jade St. Park @ 9:30 A.M. Lunch at Full of Beans/Market or bring your own. A = 20mi/750ft, B = 26mi/1075ft, C = 31mi/1400ft.

Judy Isvan 689-9580

Week 3-Saturday, February 8, 2003

Davenport & Beyond

Starts from Swanton Rd. next to Natural Bridges State Park @ 9:30 A.M. Destination for A = 25mi/1000ft is Davenport and lunch, B = 39mi/1700ft, A route + Swanton loop and lunch in Davenport, C = 52mi/2500ft, B route + Pigeon Pt. Lighthouse and lunch at Costanoa Resort.

Bart Coddington (408) 353-1657

Sunday, February 9, 2003

Second Sunday Standard Ride

See listing for January 12, 2003

Week 4-Saturday, February 15, 2003

Monterey/ 17 Mile Drive

Starts from Marina old K-Mart/7-11 parking lot (Beach Rd.) @ 10:00 A.M. Carpool from CCC @ 9:15 A.M. Restroom in 7-11 or at Locke-Paddon Park. on Reservation Rd. A = 27mi/700ft, B = ?, C = ?

Ed Kilduff 724-2501

Week 5-Saturday, February 22, 2003

Scotts Valley

Starts from Jade St. Park (CCC) @ 9:30 A.M. Destination is Scotts Valley. A = 27mi/900ft, B = 31mi/1700ft, C = 46mi/2280ft. Lunch @ Zanotto's on Scotts Valley Drive or ?

Janet Fogel 438-0706

Week 6-Saturday, March 1, 2003

San Juan Bautista

Starts from Crazy Horse Rd. & San Juan Grade in Salinas @ 9:30 A.M. Carpool from CCC @ 8:15 A.M. No rest rooms nearby! A = 27mi/1500ft, B = 43mi/2100ft, C = 52mi/2600ft. Lunch in San Juan Bautista. B & C riders may do some of Anzar and/or School Rd.

Larry & Violet Poretz 684-2758

All ride participants must wear helmets and obey traffic laws!

Week 7-Saturday, March 8, 2003

Half Moon Bay

Starts from Johnston St. & Miramontes Ave. in Half Moon Bay @ 9:30 A.M. Carpool from CCC @ 8:15 A.M. A = 27mi/750ft, B = 39mi/1100ft, C = 43mi/1450ft. We will head south on Hwy. 1 and then inland & back to lunch in Half Moon Bay; head north after lunch.

Herb Greenfield 685-8914

Sunday, March 9, 2003

Second Sunday Standard Ride

See listing for January 12, 2003

Week 8-Saturday, March 15, 2003

Calaveras Reservoir

Starts from Niles Canyon Railway Station in Sunol (Hwy 84 west of I-680) @ 9:30 A.M. Carpool from CCC @ 8:15 A.M. A = 32mi/1650ft, B = 45mi/2600ft, C = 55mi/3400ft. Super views of Bay from Felter/Sierra. Carry water/lunch to Ed Levin Park.

Scott Campbell 479-3575

Member Profile: by Eileen Beaudry

**SCCCC's lone woman race team member-
Jennifer Chapman**

"When you're training for a race, training becomes the 4th square meal in your day; you've got to have, breakfast, lunch, dinner and cycling."

Birthday: July, 29, 1973

Born: Bigfork, Montana. Moved to Santa Cruz as a high school freshman.

Family: One older brother, her husband Brent, and two dogs - Sparky and Leeloo.

Intro to Racing: Jennifer has been a mountain biker for years and got into racing through her husband. After being a spectator and SAG for him at his races she decided to give it a try for herself. In early 2002, Jennifer borrowed a bike and began training. A two month lay-off from work gave her time to focus on her first race, the Sea Otter Classic. She finished second to last but felt great about finishing and putting all of her energy into something she had never imagined herself doing.



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Uncompetitive by nature, women's competitive cycling is a new experience for Jennifer! She focuses on beating her own record each race and has competed in six races so far. It's a great way to channel one's obsessive compulsive energy – and it gets you in great shape!

What would she like to see happen in 2003?

Being the only woman on the SCCCC race team is a bit lonely. She'd love to have a woman team mate with whom she could train and race. She's been impressed with the strength and dedication of the other women racers that she's met. She and Brent are also looking for a racing coach.

Favorite Ride: For pleasure, Mt. Charlie and down Zayante,

Hobbies: Baking, traveling, and playing with her dogs

Passion: Anticipation of future events such as trips or family gatherings

Hero or Someone Who Inspired You: Her husband is a great emotional support and inspiration.

Biggest Adventure: Getting into competitive cycling has been a tremendous adventure. She has met a whole new group of people and has re-arranged her priorities to fit in 1 1/2-2 hours of training a day. It's a whole new life centered around cycling! Next year they plan to travel to Europe for the Tour de France and ride some of the route.

Career: Inside sales person for Rainmaker.

Fantasy Career: Working with animals, possibly in wildlife rehabilitation.

Two Fave Movies: Rainman, The Christmas Story.

Person, Living or Dead, that Jennifer would most like to meet: Jesus, to get the real story on what happened.

Friends South of the Border

Some months ago we came to you with the story of our Baja bicycle project. Through our travels we had become friends with the Samaniego family in Loreto, Baja California Sur, Mexico, whose twelve-year-old son Carlos Marcos badly needed a bike for his competitive bicycle racing. (His clunky old Raleigh, held together with house paint and baling wire for toe clips, did not cut it.) His parents had all they could manage financially to pay for his older brother's studies at the University of La Paz. After considerable persuasion on our part we received their permission to give him a new bike. Phil and Kathy at Sprockets found the best bike for the least money. We purchased a beautiful little Schwinn at cost, and took along the Sprockets racing jersey Phil and Kathy contributed. When we drove the bike down, in February 2000, the entire Samaniego family met us with delight and profound appreciation.

Two years later, in May of this year (2002), Carlos had won almost everything, but alas, had GROWN! We decided to give him one more bike - and to tell him that the next bike will have to be on him. Once again asked friends and family for help. The Lemond bike, which Phil and Kathy found for us, cost \$2200 - a major sum. At Lilly Ann Popken's suggestion, we came to a board meeting of the Santa Cruz County Cycling Club and told you our story. We too are profoundly grateful for the \$500 which you have contributed to this project.

Carlos Marcos has consistently won road races in both North and South Baja. The Cabo San Lucas paper has christened him "La Centella Loretana" - (the Loreto flash). His mom says he is the best in all of Baja, but needs to have a chance to compete against the champions on the mainland. His ambition is to go to the Olympics.

The effect of the bicycles has spread beyond simple racing trophies. Carlos is a better student, and reflects a kind of confidence

we did not see before. Again, thank you for the part you have played in making all this possible. We will keep you informed about the story of Carlos Marcos and the other bicycling children of Loreto.

Sincerely, The Andreasen's

NEW SCCCC MEMBERS

Sharon Coffey

Karen Doyle

Mary L. Martin

Marina Izrailevich

Mari Ruddy and Chris Klebl

MEMBERSHIPS EXPIRING IN JANUARY AND FEBRUARY

Rena Ammadi

Roan Bear

Eileen Beaudry

Henry Bley

Nancy Bley

Eva Brunner

Scott Campbell

Brent Chapman

Jennifer Chapman

Shalom Compost

Jane DeJarnette

Bruce Dicks

Frank Drees

Anita Dyer

Ric Eiserling

Bart Favero

Joan Favero

Jo Gonda

Herb Greenfield

Debbie Hale

Rick Hyman

Barnaby Lee

Peter Minero

Leo Moll

Larry Poretz

Violet Poretz

Patrick Rooney

Brandy Sayles

Betsy Schwartz

Sandy Smith

Howard Swann

Steven Toms

Allen Tucker

Andy Ward

Char Williams

Santa Cruz County Cycling Club Membership Application/Renewal Form

The Santa Cruz County Cycling Club is a group of bicycling enthusiasts with a wide variety of interests and abilities. The mission of the SCCCC is to promote bicycling for all ages through education and organized bicycling events. Included in your membership is a subscription to The Roadrunner, the club's bimonthly newsletter, which publishes a schedule of rides and bicycling announcements. In addition, a 10% discount at local bicycle shops. Annual membership dues must be paid to remain a member in good standing. Dues become due yearly in the month your membership is received.

Applicant First and Last Name (please print)		Family Members (if family membership)		Date of Application	
Address		City		State	Zip Code
Home Phone	Work Phone	E-mail			Birthdate (mo./day)
Please check the appropriate box <input type="checkbox"/> New Member Membership <input type="checkbox"/> Renewal Membership <input type="checkbox"/> Information Change Only		Please check the appropriate box(es) <input type="checkbox"/> Individual (\$15) <input type="checkbox"/> Family (\$20) <input type="checkbox"/> Race Team (add \$5) <input type="checkbox"/> Junior (under 18) (\$8) Please send newsletter via email (as PDF file) <input type="checkbox"/> US Mail <input type="checkbox"/> Both <input type="checkbox"/>			

LEAGUE OF AMERICAN BICYCLISTS ("LAB") RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGREEMENT")

Each applicant for membership shall READ and SIGN the following Release Agreement

IN CONSIDERATION of being permitted to participate in any way in Santa Cruz County Cycling Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a result of my participation in the Activity.

3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the Club, the LAB, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of the premises on which the Activity takes place (each considered one of the "RELEASES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS. I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Signature of Applicant

Date

Signature(s) of additional family members 18 years or older

Date

Please complete the following for any minor (<18 years old) family members:

Name

Age

Name

Age

MINOR RELEASE

And I, the Minor's parent and/or legal guardian, understand the nature of bicycling activities and the Minor's experience and capabilities and believe the minor to be qualified, in good faith, and in proper physical condition to participate in such activities.

I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR ANY COST THAT MAY INCUR AS THE RESULT OF ANY SUCH CLAIM

Printed Name of Parent or Guardian

Signature of Parent or Guardian

Signature of Minor

Please sign waiver — Incomplete Forms Will Be Returned

Enclosed is \$_____ dues for membership in the Santa Cruz County Cycling Club which entitles me to all the rights and privileges of membership.

Make check payable to SCCCC and mail to: Santa Cruz County Cycling Club, P.O. Box 8342, Santa Cruz, CA 95065-8342

January - February 2003

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			New Years Brunch Ride 1	2	3	4
5	6	7	Cycling Class for Beginners 8	9	10	11
Beginners Ride with Leo 12	Board Meeting 7:00 13	14	Cycling Class for Beginners 15	16	17	18
Beginners Ride with Leo 19	20	21	Cycling Class for Beginners 22	23	24	25
Beginners Ride with Leo 26	27	General Club Meeting 28	Cycling Class for Beginners 29	30	31	1
Beginners Ride with Leo 2	3	4	Cycling Class for Beginners 5	6	7	8
Beginners Ride with Leo 9	Board Meeting 7:00 10	11	12	13	14	Newsletter Deadline 15
16	17	18	19	20	21	22
23	24	25	26	27	28	

DATED MATERIAL
 Santa Cruz, CA 95061-8342
 P.O. Box 8342
 Santa Cruz County Cycling Club

