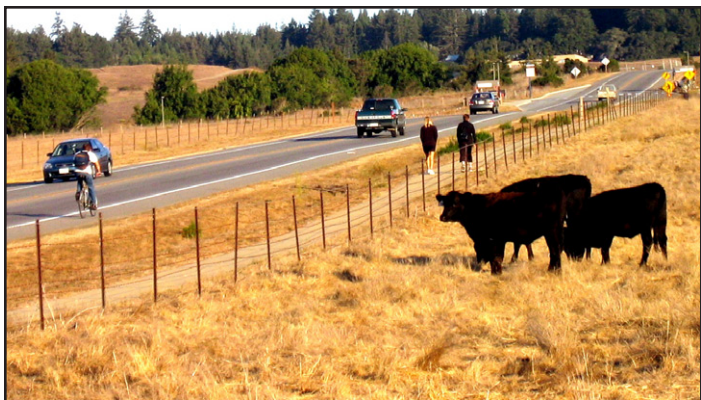


Metro Transit District Bus Strike Affects UCSC



Local cattle watch as UCSC students and staff bike, hike and drive to campus during the city bus strike. UCSC vans and buses help while bicycles are one of the most popular forms of transportation. The strike began Sept.27.



Puncture Vine is a Nasty Menace to Your Bicycle Tires

By Alton J. Crawley

There is a growing menace to your bike's tires along many country roads and trails here in the Santa Cruz area. And it is not broken glass, nails, tacks or wire—they are all problems, too—but a low-growing weed with many names, some even printable. This devilish plant, botanically speaking, is *Tribulus Terrestris*, but is usually called Puncture Vine. Other names are Goathead, Mexican Sandburr, Bullhead and Caltrop.

It usually appears pale green to bright green. It grows quite flat against the ground and sends out numerous long runners with many, many leaves having pale yellow

flowers. These flowers develop into extremely sharp burrs (seeds) which easily pierce the thickest bicycle tires.

Instead of only one puncture, you may get three, five, 10, even 20 punctures, rendering the innertube non-repairable, if your wheels roll over much of this pest.

Years ago, the counties and the State of California used to kill this weed by pouring used motor oil on it. But of course, that practice is now a no-no, and the nasty stuff is spreading rapidly.

Learn to spot it and scrupulously avoid it! Or, carry many spare innertubes, and a tire pump.



Puncture Vine

SCCCC General Meeting

**7 p.m. Wednesday,
January 25**

Simpkins Swim Center

Update:Bikes for Iraq are a Work in Progress



Matt Werner, self-appointed ambassador for the Iraq Junior National Cycling Team, reports that all bikes have been assembled, thanks to Anthony Brown, owner of Dave's Custom Bikes and Vita Pritchard, left, as well as Ray Blair of The Aptos Bike Trail. Matt adds that a test shipment of 50 empty water bottles and 10 pair of sun glasses has been shipped to the US State Dept. contact in Al Hillah, Iraq. Once delivery has been confirmed, half the bikes will be sent out. Stay tuned!

Caution: Protect Yourself Against Bike Thieves!

Do you know your bike's serial number? Can you describe your bike in detail to a police officer if it's stolen? Santa Cruz police are concerned about the recent rise in bicycle thefts, saying people are prowling backyards at night to steal bikes, which they disassemble in order to sell parts separately. Besides

knowing your bike's serial number, you can also take a photo of your bike to help identify it if it's stolen. Always lock your bike and keep it in view if you stop for any reason during a ride. Most serial numbers may be found either on the bottom bracket shell, the chain stay or the seat stay.

Cycling Resources and Websites

Cyclist for Cultural Exchange www.strawberryfields.org/cceinfo.html
 Friends of the Rail Trail (F.O.R.T.) www.santacruztrail.com
 Mountain Bikers of Santa Cruz www.mbosc.org
 The Hub www.santacruzhub.org
 S. C. County Regional Transportation Commission www.sccrtc.org
 Bike to Work (programs and events) www.bike2work.com
 League of American Bicyclists www.bikeleague.org
 Adventure Cycling www.adventurecycling.org
 California Association of Bicycle Organizations www.cabobike.org
 Cycle California www.cyclecalifornia.com
 Almaden Cycle Touring Club www.actc.org
 Bay Area Roaming Tandems www.artcycles.com/tandems
 National Bicycle Greenway www.bikeroute.com
 Northern California/Nevada Cycling Association www.ncnca.org
 Bay Area Women's Cycling www.bawcycling.com
 Biking Gifts and Awards www.biking-gifts.com

**Deadline for the Jan-Feb Roadrunner is
Dec. 15, 2005**



The Roadrunner is the official newsletter of the Santa Cruz County Cycling Club. It is published bimonthly, mailed free to all members, and is available at local bicycle shops, etc. Submissions (articles, photos, and letters) are gladly accepted. Email or a diskette are easiest, but we'll entertain all options.

Contact us at:
Santa Cruz County Cycling Club
P.O. Box 8342
Santa Cruz, CA 95061-8342
 or
www.santacruzcountycycling.org

The Santa Cruz County Cycling Club is a nonprofit organization pursuant to Section 501(c)3 of the Internal Revenue Service code.

OFFICERS

President

Richard Bedal 460-1818

Vice President

Larry Poretz 684-2758

Secretary

Stevie Westman.....458-1758

Treasurer

Charles Fisher 425-3559

Membership

Leo Jed 425-2650

Social Directors

Stephanie Keenan 728-5951

Barbara Dahl.....638-9728

Ride Director

Ric Eiserling 475-5397

rides@santacruzcountycycling.org

Education Director

Vita Pritchard 477-1736

Race Team Director

Barnaby Lee 471-0842

Century Directors

Gene Lytle 338-4758

Scott Campbell 479-3575

Newsletter Editor

Grace Voss 462-4884

Webmasters

Tim McCloskey 458-9860

Dennis Pedersen..... 462-9561

webmaster@santacruzcountycycling.org

From My Handlebars to Yours

By Richard Bedal, President

One of the goals set by your Board of Directors earlier this year was to become more involved in bicycling education in the community, more specifically, to work with Bike Smart! in conducting bike rodeos at local elementary schools. This has proven very successful, with a number of club members being trained for the Youth Education Team. (YET) These team members have already participated in several bike rodeos and assisted in bike helmet inspection for the recent Superkids Triathlon involving over 500 kids, ages 3 through 14.

So, one might ask, what happens at a bike rodeo? First I must stress that it often involves delightful 4th and 5th grade students who are enthusiastic and interested in what we have to share. It is a joy helping them learn safe bicycling skills. Prior to the rodeo, there is a presentation in the classroom, usually by Saskia Lucas of Bike Smart! The actual rodeo takes place on a school day approximately one week later.

On rodeo day, Saskia and club volunteers arrive early to deliver supplies and set up the course. Supplies include loaner bikes and helmets. Each course varies, depending on space available and the age of the students, but basically it includes a large, flat area where the students can ride their bikes and practice their skills, such as signaling, looking for traffic over one's shoulder, stopping, merging with traffic, and looking both ways at intersections. The course has stop signs, narrow areas to ride through while looking over one's shoulder, and cones for weaving in and out.



Richard and "Superkid" with properly-fitted helmets at Superkids triathlon involving more than 500 in 20 age groups.

Sometimes bikers ride in the "world's slowest race" at the end of the rodeo, trying **not** to cross the finish line first, a great exercise for perfecting balance on the bike!

While half the students are traversing the course, the other half are learning the ABC's of bike maintenance. A is for checking air in the tires. B is for brakes and C is for maintaining the chain. In addition to the ABC's, there is also instruction on proper helmet fitting. (Based on the Superkids Triathlon experience by YET, only about one in five youngsters has a properly-fitted helmet!)

At the end of the rodeo, everyone returns to the classroom for a raffle, where winners may choose bike-related gear: a helmet, a bike light, bike pump, even a pink handlebar basket. The rodeo ends, usually with the inevitable thanks and praise from both teacher and students for a chance to learn something new and be outside at the same time.

YET is always looking for more volunteers, so if working with enthusiastic kids interests you and/or if you want to perform an invaluable service to your community, please contact me.

SCCCC Race Team to Host National Cyclocross Event

If you'd like to help out with a national-caliber event hosted by your club's race team, consider volunteering for the Cyclocross National Championship Race Sunday, Nov. 6 at the Santa Clara County Fairgrounds. David Gill, race team coordinator, says volunteers are needed from 7:30 a.m. until 1 p.m. for registration. Racing starts at 9 a.m. and ends at 1 p.m. with categories ranging from Juniors to Elite to single speed bike. Entry fee is \$25 for everyone but Juniors, who must pay \$10. Awards go to the top three in each category, and a free, custom-designed water bottle goes to all participants. To be eligible for national championship status (and a nifty stars and stripes jersey), the elite racers must hold an annual

American Bicycle Racing license. For a full breakdown of what races are taking place at what time, go to www.cyclocross.cx.

Wedding bells rang out Saturday, Oct. 15 for two team members, Mike Martin and Melinda Jones, who were married at Four Mile Beach and enjoyed a wedding reception at the Bonny Doon home of David Gill and Simone Montez. Guests rode their bikes to the beach for the ceremony. No word on whether or not they biked up to Bonny Doon afterwards. (Both Mike and Melinda have been regular second place finishers in recent Cyclocross races). Congratulations times two!

The Santa Cruz County Fairgrounds will also be the site of a Dec. 11 cyclocross race. Entry fee is \$25.

Bayje Pomeroy Goes from Dress Design to Farmhouse Remodel

By Glide A. Long

Independent should be the middle name of SCCCC member Bayje Pomeroy. When she was 16, Bayje left her comfortable home in Santa Clara to live in Santa Cruz designing women's clothes, returning only long enough to finish her required classes for graduation from Buchser High School. She worked for Yellow Bird, a women's clothing store downtown, and by age 18 she owned her own dress shop in Cooper House. So, it's not much of a stretch for Bayje these days to travel to Southwestern France every other six weeks to do hands-on renovation of a 300-year old farmhouse she and her husband David Renkins bought in June of 2003. "Independent? That's an understatement!" laughs Bayje, adding that the \$65,000 farmhouse had no water, electricity or septic tank upon purchase. What it did have was a leaky roof, so the first project was to dismantle and reassemble the stone roof onto new oak planking, a job that required four months work. David and Bayje camped in the building housing the brick oven on the premises while the work was done. Make that two roofs as the barn also needed a new slate roof. "We have two of the most expensive roofs in France," says Bayje, a friendly woman in her early 50s with long blonde hair who laughs easily. Today the 2,500 square foot farmhouse, which is three stories high, has state-of-the-art heating, (which can be activated remotely from Santa Cruz), electricity, a new septic tank and plumbing in the kitchen and all three and a half bathrooms. Some of those bathrooms feature state-of-the-art tile work by Bayje, who is a



Bayje Pomeroy

ceramics whiz hoping to show her work at the 2006 Santa Cruz Open Art Studios. The property is located in Paillargues, a hamlet of six houses with no services. For food, one must go to Teyssieu, a village half a mile away which features an 8th century church and medieval tower along with its one restaurant and one convenience store. Traveling to the area means taking a four and a half hour train ride from Paris. The area, known as Lot, is located close to the headwaters of the Dordogne River in the foothills of the Pyrenees. The walls of the farmhouse are made from material taken from a local quarry. Atop each end of the barn's roof are two porcelin figures made by Bayje, a rooster to welcome the sunrise and an owl to welcome

sunset. Bayje also designed a man and a woman for each end of the farmhouse roof to symbolize her and David.

Recently the farmhouse was home to a 60th birthday party for Lily Ann Popken, for which Bayje housed 12 women, installing beds in that same outdoor brick oven building as well as in the laundry room, while she took over the attic. She would like the farmhouse to be used for group occasions, not as a bed and breakfast for individual clients, and so the birthday gathering was a good trial run at creating group ambience. Thanks to Fancy Graham, who couldn't attend due to a bike accident, everyone sported a jersey with the words Team Lilly Ann, except for the guest of honor, whose jersey said I Am Lilly Ann. The guest of honor says she was "quite overwhelmed with joy, gratitude and awe to be surrounded by so many of my favorite people in one of the most charming places in the world." Adds Betsy Schwartz, "Bayje's house radiates with all the hard work she has poured into it." Jane DeJarnette concludes "Bayje has found a house in France that perfectly reflects her talented and hospitable heart."



In front of Chateau Castelneaux are, l to r: Stephanie Keenan, Anita Dwyer, Marilyn Marzell, Martha Bedal, Lilly Ann, Bayje, Jane and Betsy.

Campbell Family Adopts Kinetic Sculpture Racing

By Scott Campbell

In 1992, after a friend showed me a book on the World Championship Kinetic Sculpture Race, I felt I had to witness this zaniness for myself. Once I saw the fun that everyone was having and felt their spirit, I knew I had to be a part of this amazing event.

However, it wasn't until 2002 that I had a vehicle for the race. A kinetic sculpture is a human-powered, all-terrain vehicle that must travel on land and water. Imagine the challenges of designing and building this type of vehicle! My brother Bob and my father Ace helped build our first vehicle, collaborating on its design and construction. It was a family bonding experience as we spent five months building, testing and modifying the vehicle.

However, the first vehicle was a failure. We had high hopes of being able to "Ace" the course. (Finish the race without any assistance.) It was hard to admit that we had not been able to build a vehicle able to withstand the rigors of the race.

When the frame broke, we were out of the race. In fact, we were the first racers out of the race, earning ourselves the Golden Dinosaur Award! (a dubious honor)

We have come a long way since 2002. This year we had a new idea. While competing in previous races, we saw what designs worked for other competitors and what didn't. At one race in Sacramento, I saw a design I liked and decided to build one for myself. This is how we came up with our current design.

Our current racer is a tandem tricycle with 294 gears! We use inflatable pontoons to float it on the water, propelled by paddles on the rear wheels and steered by a disc inserted inside the spokes of the front wheel. The rules state that all things needed during the race must be carried on the vehicle. To do this, a box is mounted on the rear of the racer, where our passenger rode during the race. The rider is a bull with wings, made of paper mache over a chicken wire frame. The racer is called "If bulls could fly...", hence the passenger.

We raced this vehicle for the first time in the Arcata to Ferndale World Championship Kinetic Sculpture Race under the name "Tandemonium". This version of the racer had no body, just the bare frame. As a result, we felt we needed to add a body to be more competitive for the Art Award. (Each vehicle is judged in three categories: Art, Engineering and Speed.) Points are awarded in all three categories, and the racer with the most points is named the Grand Prize Winner. There is no money or huge prize for the winner, only glory. Last May, we finished 14 out of 44 racers.

In September we raced this vehicle in Ventura, placing sixth out of 15 racers. We also received the Humor Award and were awarded our first Ace.

During the water crossing, one of our pedals fell off. Fortunately, a spectator came to our rescue, supplying the missing pedal. The high point was the oval race in a parking lot. We did 10 laps the fastest of any of the racers. It was like a destruction derby, with racers bumping and banging their way around the course. We enjoyed this race very much and will return next year. I want to thank my family for all their support, especially my father and my brother.



Scott (at the handlebars) and his brother Bob participating in a kinetic sculpture race last month in Ventura. The World Championship is held every Memorial Day Weekend and goes from Arcata to Ferndale.

Below, Leo Moll practices safe biking technique. For his latest safety tip, see page 7.



Weekly Rides

Tuesday

Meet at 9:45 A.M. for a 10:00 A.M. start for this is social/leisurely paced road ride. Start on Aptos Creek Rd. just off Soquel Drive in Aptos. Aptos Creek Rd. leads to the entrance of Nisene Marks State Park. On the first Tuesday of each month, the ride starts at another location. Call the leader to find the location. The distance will vary from 20–40 miles and will always be a fun adventure. Destinations always include lunch stop. Bring water, snacks, and money for lunch.

Contact: Bart Coddington 475-5234

Bicycle Skills Class

Scott Campbell will teach a bicycling skills and safety class starting Jan. 18 on Wednesday evenings from 7:30 to 9:00 at Cabrillo College, followed by a Sunday ride...(longrider_scott@sbcglobal.net)

Capitola Community Center (CCC) is located at Jade Street Park on Jade St. @ 45th Ave. in Capitola.

All ride participants must wear a helmet, bring essentials for bicycle repairs, have a bicycle that functions well, and obey all traffic laws!

Rider Levels

A = Novice: you can ride 15 miles on a mostly level road at a leisurely pace.

B = Intermediate: you can ride 40-60 miles with some hills at a moderate pace.

C = Experienced: you can ride 80-100 miles with hills at a brisk pace if you choose.

We wait for riders at all levels, although the C level riders are not obligated to wait, particularly when a map/queue sheet is provided.

Saturday, Oct. 29, 2005

Moss Landing

A ride starts at La Selva Beach Market at 9:30 a.m. B and C rides start at CCC 9 a.m. SHARP; A= 25 mi/500' B=35 mi/1000' C=45 mi/1500'

Ed Kilduff 724-2501

Saturday, Nov. 5, 2005

Scotts Valley to Los Gatos

Rides leaves Scotts Valley Transit Center (King's Village Road) at 9 a.m. SHARP; be there earlier. A=15 mi/1500', B=51mi/2000'; C=65 mi/3000'. Lunch in Los Gatos at the park downtown. There are short sections of hardpack dirt on the Los Gatos Trail and the west side of Lexington Reservoir.

Ric Eiserling 475-5397

Saturday, Nov. 12, 2005

Upper Salinas Valley

Carpool meet at CCC 8 a.m., start from intersection of Crazy Horse road and Old San Juan road 9 a.m. Take Crazy Horse left turn off 101 to intersection. This is probably our flattest ride: A=25 mi/200', B=45mi/500', C=60mi/700'

Charley Fisher 425-3559

Saturday, Nov. 19, 2005

Aromas and San Juan Bautista/Scott's Birthday Ride

C riders will start from CCC at 9:00am for an approximately 80 miles. B riders will start from 5 Mile House in Freedom at 10:00am for a 50 mile ride. A riders will start from Ducky Deli in Aromas at 11:00am for a 30 mile ride. Lunch at the bakery in San Juan Batista. Plenty of fun and surprises.

Scott Campbell 479-3575

Saturday, Nov. 26, 2005

Mountain Charley and Points Beyond

Meet at 9 a.m. at the Scotts Valley Park and Ride, turn right at King's Village road and Scotts Valley Drive-it's behind the Metro Center. A=approx 20mi/1500', B=approx 40mi/2500', C=approx 60mi/4000'.

Anita & Howard 335-5792

Saturday, Dec. 3, 2005

Reservoirs and Canada Loop

Start from Chitactac Adams Park on Watsonville Re. near Burchell Rd. in Gilroy @ 9:00a.m. Carpool from CCC @ 8:00a.m. A = 37 mi., B = 58mi., C = 70mi.. This is a repeat of a challenging ride from last year. Bring plenty of water as there are few sources for water.

Chris Boman 421-9030

RAIN CANCELS RIDES

Call ride leader for more information

All ride participants must wear helmets and obey traffic laws!



Left Photo: Charley Fisher, left, and James Graham, enjoy a Tuesday ride in October lead by Helga Wiench, center, while Alan Eklof, right, heads out to Davenport, the Swanton loop and Bonny Doon on club ride.

Bicycle Safety Tip from Leo Moll

Make CERTAIN that NOTHING, I MEAN **NOTHING**, attached to your bicycle or yourself (bungee cords, bike computer cables, pannier straps, sweat shirts or wind breakers tied around waist, plastic bags, etc.) can even remotely have the possibility of falling into moving parts of the bicycle. The horror stories of accidents are legion of those who have ignored this simple axiom.

Saturday, Dec. 10, 2005

Eureka Canyon/ Tim's Birthday Ride

Meet at Tim's house after the ride for a pizza party, 500 Glen Canyon Rd. Meet at CCC at 9 a.m. A=35mi/1000', B&C=60mi/2800'. Lunch at the Summit Store.

Tim McCloskey 458-9860

Saturday, Dec. 17, 2005

Pacific Grove, Carmel and Pt. Lobos

Start at the Lighthouse in Pacific Grove: end of Lighthouse Av. at 9 a.m., carpool start CCC 8 a.m. Lunch in Carmel. A=35mi/1000', B=54mi/1800', C=65mi/2500'

Ric Eiserling 475-5397

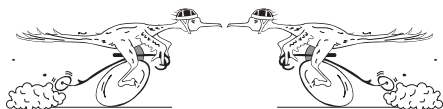
Sunday, Jan. 1, 2005

(That's the Saturday ride moved to Sunday)

New Year's Brunch and Ride

Emilie's 16th annual New Year's day ride and brunch starts 10 a.m. (come a little earlier for coffee). 15 and 30mi routes, non-club members welcome, brunch after ride. RSVP so we'll know how many muffins to make! 106 Corona Court, Watsonville (off Amesti Rd.)

Emilie Holder 724-1096



Famous Bike Book Author Dies

A fundraiser/memorial bike ride in honor of Tom Cuthbertson, author of *Anybody's Bike Book*, will take place at **9 a.m. Sunday, Nov. 13** starting at Sprockets Bike Shop on Mission Street. Cuthbertson, who used to work at The Bicycle Center, (which is now Sprockets,) wrote the most popular bicycle maintenance book ever. *Anybody's Bike Book*, in non-stop publication since 1971, has sold over a million copies, and has inspired many people who may not have taken up biking in the 1970s and beyond to do so.. The memorial/fundraiser ride will go out to Davenport and then the Swanton loop, with a reception at Sprockets afterwards. Cuthbertson died of cancer at age 60, and proceeds will go to defraying his medical expenses. Also at the Sprockets get-together, **Paul Sadoff of Rock Lobster Cycles** will have on display a newly-built bike which he intends to offer on E-Bay, with proceeds going to Tom's widow. A web page with more details of the life of Tom Cuthbertson is available at **www.sprocketsbikes.com-tom.html**.

Telluride Mountain Film Festival

7:00 p.m. Saturday, Nov. 12
Rio Theater, 1207 Soquel Avenue
Tickets: \$10 Students/Seniors
\$12 General Admission
(Benefit for UCSC Recreational
Scholarship Funds)
(Tickets may be purchased in advance at UCSC Box Office
831-459-2159

<http://www.mountainfilm.org>

Doors open at 6:15 p.m.

Club Shorts: SCCCC Members Ride Locally, Travel Internationally



Left to right on a recent ride to Gizditch Ranch are: Nita Gizditch, John O'Hara, Judy Isvan, Patrich Kretsch, Jim Keenan, Ray Disperati, Laurence Fogel and, front row, Ric Eiserling, Janie Tibbels, Helga Wiench, Bart Coddington and Andrew Werneke. The dog, Olive, is a shepherd mix.

Many SCCCC members are traveling these days, from the Pacific Northwest to France to China! **Bikerbart**, also known as **Bart Coddington**, has left town for the wilds of Utah, where he rode the **Moab Century**, all 100 miles and 6,300 feet of it, on Oct. 8 to benefit the **Lance Armstrong Foundation**. Not content to only enjoy the natural setting, Bart followed that outing with a week-long **Sierra Club** archeology trip in Canyonlands National Park, after which he drove to St. Louis, MO to ride the KATY trail on another Sierra Club outing. The **KATY** trail follows the bed of the **Missouri-Kansas-Texas RR** and is the longest rail-trail in the US at 225 miles. Bart is due back after Thanksgiving. Meanwhile, **Paula Barsamian** and **Chris Boman** are housesitting for him while their new home is installed.

Traveling in the Pacific Northwest recently were **Tim McCloskey**, who completed his fifth **Cycle Oregon**, traveling with 2,000 bikers on the annual ride, which went from **Boardman to Astoria**. Tim had a great time. **Leo Jed** has returned from a self-contained bike/camping trip in Washington. He arrived in **Davenport**, coincidentally, at the same time as SCCCC members on their regular **Tuesday ride**!

Farther afield were **Lilly Ann Popken** and 11 of her club friends who helped her celebrate her 60th birthday in **Southwestern France** at **Bayje Pomeroy's** farmhouse. (See story on p. 4)

In **China** during mid-October are four club

members: **Janie Tibbels, Laurence and Janet Fogel and Patrick Kretsch**, who have joined an Imagine Bike Tour for two weeks. They began in **Hong Kong**, where they took a catamaran up the **Pearl River** to the mainland town of **Zhaoqing**. They received Diamondback Mountain Bikes and met their guide there before touring farmland, bamboo forests and small villages. They visited **Feng Yu Cave** and then rode to **Yangshuo**. They visited lots of other cities with Chinese names before stopping to see **Elephant Trunk Hill Park** and **Teacher's University**. The trip ended with a flight to **Guangzhou** and a return to **Hong Kong**. The Fogels then visited **Z'ian** to see the **Terra Cotta Soldiers** and ended up in **Beijing**. Janie says she has wanted to visit China ever since an unforgettable trip "a million years ago" to Epcot Center in Florida where she saw a film of rural China.

Back stateside, three club members are involved in promoting bicycle racing/education. **Jesse Nickell** has started a cyclocross racing team at **Harbor High School**. The NORCAL race season for mountain biking runs from February to May, with five races and a state final race. And, **Scott Campbell** has completed his training to be a certified instructor for the **League of American Bicyclists**. Included in part 2 of his training was a tour of the **Specialized Bike Factory** in Morgan Hill. He plans to teach a beginning bicycling and safety skills class on Wednesdays evenings and Sundays starting **Jan. 18**. Cost of the class is \$20 with half of the fee going to SCCCC membership for a year. The Wednesday class is from 7:30 to 9 p.m. and the Sunday class will be a ride. And finally, **Saskia Lucas** is hunting for used bicycles to give to high school student coaches in Pajaro Valley so they can ride to elementary schools in their district to supervise after school enrichment activities. The goal is 24 bikes so the teenagers, who will be trained in safety skills by **Bike Smart!** before they receive their bikes, can mentor younger kids in dance, Tai Kwan Do and study skills. Contact **Joe Trautwein**, director of extended learning for the Pajaro Valley Unified School District if you have a bike that is gathering dust in your garage. (831-786-2100 x212).

Karen Kefauver and Norman Field shared their biking experience from a recent trip to Utah and **Michael Hudick** demonstrated how to make one's own cable at the October general membership meeting at Simpkins Swim Center.

Bike Smart! and Gateway School Combine for Bicycling Skills Class



L to R are: Amelia Erickson, Cullen Taisch, Etta Foster and Richard Bedal.



Left: Crossing the San Lorenzo River; Center: at Marianne's, l to r are: Etta Foster, Max Sunberg, Jonathan Swenton, Louis Boczek and Cullen Raisch with Jeannine in the back; Right: students cross Ocean Avenue on return trip to school.



A Biker's Tour of October Open Art Studios

By Sally Salmon

One beautiful Sunday morning in mid-October, five SCCCC cyclists—Daphne Gulling, Kathy Watson, Alan Eklof, Barbara Duron and I, combined our love of cycling with a purpose: to see as many Santa Cruz Open Art Studios as five people could agree upon in one day!! We started in the flatlands before heading uphill.... beginning on the Westside and then biking up Empire Grade to visit three studios in Bonny Doon.

Arriving breathless in Bonny Doon, shortly before 10 a.m., our first stop was the fabulous studio and landscape of Mattie Leeds, who specializes in large pottery embellished with mostly female forms. The pieces that didn't make it ended up in the landscape - walls, hot tub, fountains, combined with neon signs and iron sculptures. While there, we sat and enjoyed the view, being careful not to knock over any of the artwork as one cyclist almost had to take out an equity loan on

the "you break it, you bought it" principle.

Further uphill was the Blue Heron Studio, with a wonderful display of glassware (and snacks with wine). The artist, Therese Baisinger, was more than happy to show us her hand-decorated glassware, and to congratulate us on persevering in our ride to the top of Empire Grade to visit her studio!

Our third and last stop in Bonny Doon was down a wonderful private road called Sunlit Lane, where three huge but friendly dogs greeted us as we pedaled in the driveway. The hand-thrown pottery by Janet Lever-Wood was created using soft autumn colors, and then decorated with ancient hieroglyphics. Besides the studio, the artist has created a gallery among the redwoods to display her work and also provided, not only wonderful snacks, but recipes too.

Our intention to eat lunch in Davenport somehow lost momentum, and we

returned via Empire Grade, a much more thrilling ride down than up!! After stopping at a taqueria on Mission Street, we biked to an industrial building shared by artists Carol Webb, Janet Allinger and Sharon Potteiger. Their space featured everything from paintings to wearable art to architectural décor and furniture. Plus a lot more people.

We cycled on to several Westside studios, where parking our bikes was much easier than finding space for a car. I never imagined so many artists worked within blocks of each other! Fellow cyclists Matt Werner and Michelle Whizin had a studio on the tour, and we stopped to see Matt's beautiful in-laid, hand-crafted furniture. Michelle joined us for the last part of the ride. By this time, we were down to three final studios, and the afternoon was disappearing. We made a few more stops and ended a wonderful day viewing art by bicycle.

Local Bicycle Shops

These shops are supporting our bicycle club with discounts on bicycling accessories. Discounts vary by shop, but generally run 10% off the regular price. Ask the sales clerk if they offer bicycle club discounts.

Another Bike Shop
2361 Mission St., Santa Cruz
427-2232

Open 7 days • Hours 9 — 5

Aptos Bike Trail
7556 Soquel Dr., Aptos
688-8650

*Hours 9 — 5
Bike rentals*

Bike Station Aptos
8061 Aptos Street
688-4169

Monday to Friday 10 to 5; Saturday 12-4

The Bicycle Trip
1127 Soquel Ave., Santa Cruz
427-2580

*Mon. – Sat. 10–6 • Sun. 10–5
Free Maintenance Classes*

The Santa Cruz Bicycle Shop
1325 Mission St., Santa Cruz
454-0909

*Open 7 days • Hours 9 — 5
New & Used • Trades • Rentals*

Bill's Bike Repair
2628 Soquel Dr., Santa Cruz
477-0511

Open 7 days • Hours 9 — 5

Amsterdam Bicycles
2-1231 East Cliff Drive
475-1394

*Open 7 days • Hours 9 — 5
Bike rentals*

Cycle Works
1203 41st Ave., Capitola
476-7092

*Open 7 days • Hours 9 — 5
New & Used – Trade-ins Welcome*

Dave's Custom Bikes
910-A Soquel Ave., Santa Cruz
423-8923

Open 7 days • Hours 9 — 5

Family Cycling Center
912 41st Ave., Santa Cruz
475-3883

*Mon. – Sat. 10–6 • Sun. 10–5
Cruisers • City Bikes • Mountain • Trailers • Rentals*

Mr. E's Cyclery
8059 Aptos St., Aptos
662-2973

Open 7 days • Hours 9 — 5

Scotts Valley Cyclesport
245 Mount Hermon Rd., Scotts Valley
440-9070

*Tue. – Fri. 10–6 • Sat. 10–5 • Sun. 12–5
Road • Mountain • Cyclo-X • BMX • Cruisers • Kids*

The Spokesman Bicycles
231 Cathcart St., Santa Cruz
429-6062

*Mon., Wed. – Sat. 10–6 • Tue. 12–6 • Sun. 12–5
Road • Mountain • Tri • BMX*

Sprockets
1420 Mission St., Santa Cruz
426-7623

*Tue. – Fri. 10–6 • Sat. 10–5
Road • Mountain • Tandem*

The Bike Coop
1156 High St., Santa Cruz
457-8281

Open 7 days • Hours 9 — 5

Trey's True Wheels
1431 Main St., Watsonville
786-0200

Tue. – Sat. 10–6 • Sun. 10–4

Santa Cruz County Cycling Club Membership Application/Renewal Form

The Santa Cruz County Cycling Club is a group of bicycling enthusiasts with a wide variety of interests and abilities. The mission of the SCCCC is to promote bicycling for all ages through education and organized bicycling events. Included in your membership is a subscription to The Roadrunner, the club's bimonthly newsletter, which publishes a schedule of rides and bicycling announcements. In addition, a 10% discount at local bicycle shops. Annual membership dues must be paid to remain a member in good standing. Dues become due yearly in the month your membership is received.

Applicant First and Last Name (please print)		Family Members (if family membership)		Date of Application	
Address		City		State	Zip Code
Home Phone	Work Phone	E-mail			Birthdate (mo./day)
Please check the appropriate box <input type="radio"/> New Member Membership <input type="radio"/> Renewal Membership <input type="radio"/> Information Change Only		Please check the appropriate box(es) <input type="radio"/> Individual (\$20) <input type="radio"/> Family (\$30) <input type="radio"/> Junior (under 18) (\$10) <input type="radio"/> Business Membership (\$50) Please send newsletter via email (as PDF file) <input type="radio"/> US Mail <input type="radio"/> Both <input type="radio"/>			

LEAGUE OF AMERICAN BICYCLISTS ("LAB")
RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGREEMENT")
 Each applicant for membership shall READ and SIGN the following Release Agreement

IN CONSIDERATION of being permitted to participate in any way in Santa Cruz County Cycling Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a result of my participation in the Activity.

3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the Club, the LAB, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and leasers of the premises on which the Activity takes place (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Signature of Applicant

Date

Signature(s) of additional family members 18 years or older

Date

Please complete the following for any minor (<18 years old) family members:

Name

Age

Name

Age

MINOR RELEASE

And I, the Minor's parent and/or legal guardian, understand the nature of bicycling activities and the Minor's experience and capabilities and believe the minor to be qualified, in good faith, and in proper physical condition to participate in such activities.

I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR ANY COST THAT MAY INCUR AS THE RESULT OF ANY SUCH CLAIM

Printed Name of Parent or Guardian

Signature of Parent or Guardian

Signature of Minor

Please sign waiver — Incomplete Forms Will Be Returned

Enclosed is \$_____ dues for membership in the Santa Cruz County Cycling Club which entitles me to all the rights and privileges of membership.

Make check payable to SCCCC and mail to: Santa Cruz County Cycling Club, P.O. Box 8342, Santa Cruz, CA 95061-8342

November-December 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Club Ride 1	2	Bike Rodeo 3	4	Club Ride 5
6	7	Club Ride 8	9	10	11	Club Ride 12
13	Board Meeting 14 7:00	Club Ride 15	Full Moon Ride 16	17	18	Club Ride 19
20	21	Club Ride 22	23	Thanksgiving 24	Day After 25 Thanksgiving Ride	Club Ride 26
27	28	Club Ride 29	30	1	2	Club Ride 3
4	5	Club Ride 6	7	8	9	Club Ride 10
11	Board Meeting 12 7:00	Club Ride 13	14	Full Moon Ride 15	16	Club Ride 17
18	19	Club Ride 20	21	22	23	24
25	26	Club Ride 27	28	Race Team 29 Meeting 7:00 p.m.	30	31
Club Ride 1						

Santa Cruz County Cycling Club

Membership Card

www.santacruzcountycycling.org - PO Box 8342 Santa Cruz, CA 95060

(valid only with member's mailing label)