

The Roadrunner

A BI-MONTHLY PUBLICATION OF THE SANTA CRUZ COUNTY CYCLING CLUB

Club founder is race promoter

When *The Roadrunner* tracked down Robert Leibold, 57, director of the Santa Cruz Classic Criterium on April 5, he was filling in potholes in the road near the hairpin turn on the race course. Not that the repair job slowed him down one bit. A born promoter, Leibold talked easily and at length, not just about the race he has directed since 1972, but also the origins of the Santa Cruz County Cycling Club, which was founded as the Branciforte Cyclists Association in 1970.

SINCE I POSTED THE NOTICE, THEY ELECTED ME PRESIDENT.

--ROBERT LEIBOLD

"There were four of us, and we thought we should have a bicycling club," Leibold begins. "So I put a notice in the *Santa Cruz Sentinel*, 75 people showed up, and since I posted the notice, they elected me president, but they didn't like the name, so we changed it to the Santa Cruz County Cycling Club. We wrote a constitution, got tax exempt status as an educational institution (by publishing a newsletter) and held regular meetings at the Presbyterian Church at the corner of Highway One and Water Street.

"We got off pretty quick with weekly rides; a small group wanted to race while others wanted long distance bicycle tours. One tour was up the coast to the Napa Valley and back by way of the East Bay. In 1973 we took the train up to Dunsmuir and rode back along the coast. In the winter

we would take either the bus or train to Las Vegas and go down to Yuma, Arizona. Our largest tour had 36 members.

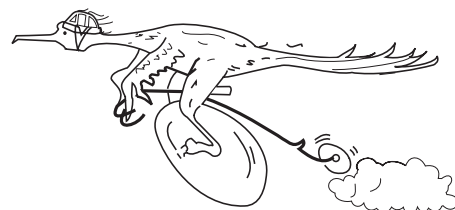
In the summer, we mostly toured along the north and central coast."

Leibold says that the race team grew the fastest, and was sponsored by Scarborough Lumber. Today he is a race promoter extraordinaire, setting up 40 races starting in February and ending in September throughout California, from Chico to Bakersfield, from San Francisco to Tahoe. "There probably wouldn't be much bicycle racing in California if it weren't for Robert Leibold," says David Gill, current director of the SCCCC race team. Leibold, aka VeloPromo, also sponsors the UCSC road race in mid-August and the Watsonville Criterium in July. Every January he sponsors a bicycle racing clinic in the Ardenwood Industrial Park in Fremont so newbies to the sport may learn how to navigate a race course in the company of more experienced competitors.

On race day, Leibold is on the scene for a 12-hour shift, starting at 5:45 a.m. During the eight-race program for the Santa Cruz Classic, he worked a two-way radio to make sure his course monitors were on the job. He provided food for volunteers, usually from restaurants along the course whose business might be affected by road closures. He worked closely with police, a natural outcome for this UCSC grad who majored in community relations and was the city's first official bicycle coordinator.



First SCCCC President Robert Leibold



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Leibold left Santa Cruz for cheaper real estate near Sonora in the mid-1980's, and he and his wife have raised two children: Valerie, 20, a UCSC feminist studies student and Peter, 19, who is studying musical theater at UC Irvine. As usual, Leibold started a bicycle club in the foothills, the Golden Chain Cyclists of Sonora. Unfortunately, he has little personal time for the sport. He's too busy setting up the next bicycle race.—Grace Voss

SCCCC meeting
7 p.m. April 30
Live Oak Senior Center
Bicycle Swap Meet



Read about the mountain lion on page 4. He is as fierce as the climbs on the annual Santa Cruz Mountains Challenge, which takes place Saturday, July 25. (Steve Hosmer, artist)

Club shorts: wedding bells, fundraiser, memorial bench

🔊 Maura Noel married Patrick Dennehy on April 5 at a friend's home in Aptos. They spent a few days at Lake Tahoe, but Maura says the real honeymoon comes in July, when they will follow the racers at the Tour de France. Patrick is a paramedic/firefighter for the Soquel Fire Department. The couple lives in Bonny Doon.

🔊 The SCCCC board has approved a memorial bench at the entrance to the Capitola Community Center for members who have passed. Individual plaques will be placed on the bench for Mike Cox, Bill Fenley and Manny Martin. Addition plaques will be added at the board's discretion as need arises.

🔊 Myrna Sherman will ride around Lake Tahoe on June 7 as a member of Team in Training, having raised the \$2,500 entry fee for the Leukemia and Lymphoma Society, which sponsors the event. Go Myrna!

🔊 SCCCC President Bart Coddington will ride his bike 4,000 miles cross country starting July 1 from Capitola to his 47th high school class reunion in Rye, NY. Hopefully, Bart will arrive in time for the Oct. 2-4 festivities. Bart will follow Adventure Cycling bike routes, with a side trip to visit his brother in Chagrin Falls, OH. Happy trails Bart!

🔊 The Santa Cruz Chamber of Commerce will present the River Arts Festival May



Newlyweds Maura Noel and Pat Dennehy

16-17 in San Lorenzo Park. For inventive bicyclists, a Kinetic Art Sculpture Workshop and Race will be part of the fest. The workshop takes place Saturday, with the race starting at 10 a.m. Sunday. A top prize of \$500 is offered to the race winner. More info at www.riverartsfestival.com.

Scott Campbell reports some hand carts are available for anyone who wants to race and needs a vehicle. (Poster by Anna Oneglia.)

🔊 "I wish I could encourage the cycling clubs in France to be as social as our Santa Cruz bike club, but so far we see only cyclists out for speed; they ride three hours nonstop (no coffee breaks, picnics, beach stops, or history talks a la Leo Moll). They don't know what they miss! Of course, if riding got too relaxed, a ride over here would be dangerous with my husband David, since he would stop at every street corner for a pastry shop! I love being in France but miss all you club riders."

—Jeannine Peerless



Still smiling after the Solvang 100-mile century ride on March 14 are Pat Lawson, left, and Grace Voss



THE ROADRUNNER is the official newsletter of the **SANTA CRUZ COUNTY CYCLING CLUB**. It is published bimonthly, mailed free to all members, and is available at local bicycle shops, etc. Submissions (articles, photos, and letters) are gladly accepted. Email or a diskette are easiest, but we'll entertain all options. Contact us at: **SANTA CRUZ COUNTY CYCLING CLUB P.O. Box 8342 SANTA CRUZ, CA 95061-8342** or **www.santacruzcycling.org**

THE SANTA CRUZ COUNTY CYCLING CLUB is a nonprofit organization pursuant to Section 501(c)3 of the Internal Revenue Service code.

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I had a touring cyclist stay with me last month as part of Warmshowers, a free overnight service for bicyclists touring on a limited budget. (I am a registered host with the organization. www.warmshowers.org)

George Pavlov (photo at right) is a 38 year old resident of Oakland doing a tour down Highway 1. What makes him different is his bicycle is a unicycle. A software engineer currently between jobs, George decided to see how far he could ride his unicycle on his own tour down Highway 1.

Starting in Pacifica, he arrived at the Pigeon Point Hostel at the end of his first day. From there, he rode to my house.

George started riding a unicycle as a commute vehicle two years ago. He can take it on BART during rush hour, and he rides with single drivers wanting passengers for the car-pool lanes on the Bay Bridge.

George is a native of Bulgaria and did



Now married with two small daughters, he continues to be an active cyclist.

Riding a unicycle is a great deal more work than I had ever imagined. One is constantly working to maintain balance. There is no coasting along and looking

not start to really ride a bicycle until he was a graduate student living in New York City. It was the only transportation he could afford and he started bicycle touring during his time off.

at the scenery. The pedals are fixed, so all breaking is with your legs. If the side of the road is too sloped, you must constantly work to keep the unicycle from going off the road. Your whole body is working all the time, so you must be in really good shape to ride one for very long.

As you can see, there is no place on a unicycle for panniers. George had to carry everything in a small backpack. There is room for two water bottles on the seat post and that is it. He made it to Santa Barbara in a week and then took Amtrak home.

If you are interested in being a Warmshowers host or you want to register to use the organization for a future bicycle tour, visit the website for details. Initial contact is made through the website, so no personal information is exchanged until you agree to host a person. I plan on using Warmshowers on my cross country trip this summer, starting July 1.—Bart Coddington

Riding up Eureka Canyon for the first time is breathtaking experience

Riding my bike up Eureka Canyon was one of those experiences that I saw only in the distant future, like a double century. I would have to train really really hard and then, maybe if the stars were in alignment, I could ride up it and, hopefully, return. One day recently, I decided the time for this effort had arrived.

I sent out an email to the club to see if anyone would be kind enough to ride with me, and Grace Voss offered to go along. We set out on a Thursday morning from downtown Corralitos, although I had ridden a warm up seven miles from my house so my legs were ready to tackle “The Canyon”.

Grace could see I was nervous and kept talking to me about what lay ahead. My first impression was that of beautiful scenery, much like Brown’s Valley Road, but a bit longer, and, yes, still longer. Then the climbing began. Grace kept saying, “We just have to get to Highland and then it’s mostly downhill from there. Well, getting to Highland proved to be a challenge, but I did it. Now I’m deep into the canyon and going back isn’t an option. For the steep parts, Grace taught me how to “tack” (ride

back and forth across the road at a slight angle uphill). Caution: this only works if there is no traffic, but it helped. Then hunger set in. I had eaten both Cliff Bars and was down to my Sharkies. So I kept my eye on the scenery, and the vistas were amazing. I saw the forest exploding on the hillside across the valley. Time to stop for a view and a drink.



Myrna Sherman

where I ordered the largest sandwich I could find! I was walking pretty tall as I passed other riders stopped for lunch. After all, I had ridden up Eureka Canyon!

Then we started back and I was not even

on the bike 10 minutes when my legs felt like rubber and I stopped four times. I thought, “Oh Dear God, they are going to have to get me out of here by helicopter!” Grace assured me, that she had never lost a fellow rider and we could get back. In fact, she said, going back is much easier. Now I realized what my Beginners’ Cycling class students mean when they fear they cannot return from a ride. I made a mental note to share my fears with them. So we climbed and climbed and then I heard Grace say, “Ok the worst is over; we’re back at Highland.” Then miraculously, a great downhill.

I was really enjoying this—wind in my hair, no leg aches—this is what cycling was meant to be! I knew I had made it and could enjoy the downhill. I could also laugh at myself, realizing how I had psyched myself into the worse case scenario.

Thank you Grace for giving me confidence, and thank you Leo Mall for telling me a year ago, that I would one day ride up Eureka Canyon! Next time, I will be introducing my friends to it soon. And so the cycle continues, rider to rider, one pedal push at a time.—Myrna Sherman

Then, as I rounded the next corner, I saw my first wild turkey! I finally caught up near the Summit Store,

New logo, new look for Mountains Challenge ride

By *Felis Concolor*

Since I have been selected as the logo of this year's event, I thought I would introduce myself. I am *Felis Concolor*, a mountain lion, and the official logo of the 11th annual Santa Cruz Mountains Challenge, a bicycle event as fierce as my reputation! Local artist Steve Hosmer has depicted me in my natural habitat, but my image will be ever present in the days leading up to the July 25th century and metric century bike rides. (Personally, I prefer to work at night.)

Mountain lion, puma, cougar, panther...I am known by more names than just about any other mammal! But no matter what you call me, I am still the largest of the small cat species. So, how did I get so many names? Mostly because I have such a large range, and people from different countries have called me different names. Early Spanish explorers to North and South America called me *leon* (lion) and *gato monte* (cat of the mountain), from which I got the name "mountain lion." Puma is the name the Incas gave me. Cougar seems to have come from an old South American Indian word, *cuguacuarana*, which was shortened to *cugar*. And panther is a general term for my brothers and sisters that have solid-colored coats, so it was used for pumas as well as black jaguars. Scientists usually use the name puma.

I tend to have a powerful build, with large paws, sharp claws, and hind legs that are larger and more muscular than my front legs, giving me great jumping power. You humans call it buffed. I can also run fast, and my flexible spine helps me maneuver around obstacles and change direction quickly. Even so, I am mostly an ambush hunter. I like a variety of prey depending on where I am roaming, including deer, pigs, capybaras, raccoons, armadillos, hares and squirrels. I have been known to bring down animals as big as an elk or a moose. Very tasty, I must say!

As more people have moved into my territory, the number of human encounters has increased. This frightens people. But overall, meeting me is unlikely. We don't want to confront humans, and you do not taste very good. You can avoid us, too, by not hiking alone, or at dusk or dawn, when we are hunting. Make noise as you hike, and don't leave food out, especially at night. If you encounter me, never approach me—always give me a way to escape.

Some people have considered mountain lions a pest and shot us on sight, or they trap or poison us. That's one of the reasons we have become scarce across North America. It's important to remember that we have an essential role to play in the ecosystem. We are one of the top predators, and, without us, deer and other animals



Steve Hosmer, left, created the mountain lion logo for SCMC. He used poster block lettering inspired by Al Imelli, circa 1922, for the typography. Steve says he and a friend rode the original SCMC, and they were among the last people to finish the ride.

have become too numerous for their habitat. Your cars kill more deer than I do. But people like to live and play in or near wild places, so we need to understand and respect the wildlife that also live there - me. If people would take responsibility for their actions, we can learn to live together.

(Editor's note: For all of the details on this year's SCMC, check out our website (<http://www.santacruzcycling.org/scmc/index.shtml>). The July 25 event offers an exciting new route for the full century. SCCCC members are expected to volunteer either before, during or after the event by contacting **Paula Berman** at paula@pacificespresso.com.)

Alta Alpine Challenge June 13

Did you miss the deadline for the 2009 Death Ride? Not to worry. The same folks who put on that torturous event are sponsoring The Eight-Pass Challenge, a double century with over 20,000 feet of climbing on Saturday, June 13. The event will take place in Alpine County, CA and Douglas County, NV. Registration is \$100 by May 14, and the event is limited to 250 riders. A slightly shorter version, the Six-Pass Challenge is available for \$75. Novice/family options are also available. For more information, go to www.altaalpina.org/challenge/forms/FlyerWithForm.pdf.



Cinderellas for a day at April 4 all-women's ride are, l to r: Susan Karon, Jean McCloskey, Sue Matsui, Judy Marsalis, Sharon Curtaz, Grace Voss and Pat Lawson. Cinderella is celebrating her 34th year.

Bruce Van Allen is father of the San Lorenzo Riverway

As a member of the Santa Cruz River Committee, Bruce Van Allen obtained the permit for building the river's new bicycle-pedestrian bridge near Highway 1 back in 1985. On a rainy Friday afternoon in January, the 2.6 million dollar bridge was dedicated, with accolades from Mayor Cynthia Matthews directed to Van Allen as the "Father of the San Lorenzo Riverway." Next year, Van Allen hopes to see completion of the pathway on the west side of the bridge, which will continue under the highway, ending at the new Tannery Art Center. (The new pathway, like the new bridge, will allow for safer passing of non-motorists between the city's east and west sides.) The new bridge allows continuous bicycling for the first time from the beach to Highway 1 and return. One day in the future, the bridge may be named for Van Allen.

The recent dedication was all in a day's work for this committed bicyclist (Van Allen hasn't owned a car since 1986), whose future plans include using Google Earth to map the downtown section of the San Lorenzo River and then posting the results online along with measurements of the river's chemical, biological, and physical features as measured by the Central Watershed Council, a non-profit agency. He hopes to see more people active in events along and in the river, like the May 16-17 Kinetic Art Sculpture Race, as well as rowing activities. (The latter depends upon local rowing and sculling groups lobbying city council for a permit, since an existing city ordinance prohibits river activity.)

"I grew up thinking of myself as a naturalist," says Van Allen, 59, who was born in Virginia but moved to Los Angeles as a child when his father went to work in the aerospace industry. "My parents were conservationists, and my dad testified in Congress for The Wilderness Act in 1957." (That act gave birth to The Endangered Species Act and the Clean Air Act.)

Van Allen's residency in Santa Cruz was accidental. "I got stuck here after hitchhiking up from LA to a rock concert in San Francisco in the late 1960's," he confesses. "I didn't expect to stay here, but I wanted to



Bruce Van Allen

and soon he became active in river politics. "The river seemed like a wasteland," he says, "A disastrous flood in 1955 caused river water to enter the downtown area, cresting at the tops of the parking meters." As a result, the Army Corps of Engineers built levees, thinking the problem was solved. It wasn't. The levees were too narrow, devoid of vegetation and not high enough, resulting in another flood after the heavy rains of the winter of 1982 (think Love Creek and its fatalities resulting from homes falling into the rushing water). The 1982 flood also caused a collapse of the Soquel Avenue bridge, accompanied by downed power/telephone lines and a close call for downtown. Subsequent studies of the river's bottom by UCSC students, under earth sciences professor Gary Griggs, showed that the Army Corps of Engineers had not done a good job building the levees back in the 1950s, and bitter acrimony existed between the federal agency and the city, accompanied by lots of finger pointing.

At this point, Van Allen, a city council member, became mayor and began practicing the mediation skills for which he is now well known. Fortunately, Leon Panetta, chairman of a federal budget committee, secured funding as long as the new dig

live in a small town, and the community grew on me, its beauty, climate and creative atmosphere."

Remaining in Santa Cruz after the concert, Van Allen soon became involved in a neighborhood effort to rescue the city's Victorian homes from a re-development project in 1969. The neighborhood effort prevailed,

followed an environmental plan. With Van Allen practicing a "no finger pointing" philosophy, and the feds realizing that the environmental angle was a feather in their cap, the river was re-engineered, correctly this time, with wider levees and lots of vegetation to prevent flooding. A win-win situation, and the first time ever in the US that the Army Corps of Engineers completed a river project accompanied by an environmental plan.

And, the new plan included a bike/ped path, today's San Lorenzo Riverway. In the last 10 years, the river has become part of the city's urban concept of an attractive and green environment. Better access, more trees, better lighting and continuity are its assets. As for the occasional complaint about the homeless camping along the riverway, Van Allen, in his mediation voice, says "perception is not always reality."

The new bridge shines as a safety feature for family bicycling and for citizens traveling across town. —Glide A. Long

Strawberry Fields XX May 17

Cyclists for Cultural Exchange (CCE) celebrates its 20th year with Strawberry Fields Forever XX, beginning at 7 a.m. Sunday, May 17 at Pajaro Valley High School. Bicycle riders will have a choice of three routes: 25 miles, 65 miles and 100 miles through the beautiful Pajaro Valley. Registration for all rides is \$40, and bicyclists will have an opportunity to buy a commemorative jersey designed by club member Dennis Pedersen for \$65. A hot meal after the ride features fresh whipped cream and strawberries dipped in chocolate ganache for dessert. Deadline is May 10, or whenever 1,200 riders have registered. For more information, go to www.strawberryfields.org/sffindex. Following Strawberry Fields Forever XX, CCE local members and international bicyclists from Poland, Russia, Italy and Chile will tour and camp in the Napa Valley for 10 days from May 18-27. Upon their return, CCE will celebrate a 20-year reunion for former CCE members and guests on May 30 at Monteville in Scotts Valley.

Weekly Rides

Rider Levels

A = Novice: you can ride 25-30 miles on a mostly level road at a leisurely pace.

B = Intermediate: you can ride 40-60 miles with some hills at a moderate pace.

C = Experienced: you can ride 80-100 miles with hills at a brisk pace if you choose.

We wait for riders at all levels, although the C level riders are not obligated to wait, particularly when a map/cue sheet is provided. Most Saturday rides begin at the Capitola Community Center or CCC, which is located at the intersection of 45th Avenue and Jade Street. See calendar p. 12 for details on Tuesday ride start. DLV=Delaveaga Park; NMP=Nisene Marks Park.

Tuesday

Meet at 9:45 AM for a 10:00 AM start for this social/leisurely paced road ride. 1st, 3rd and 5th Tuesdays of month, meet at De Laveaga Park on Branciforte Road; 2nd and 4th Tuesdays meet at entrance to Nisene Marks Park, Aptos. The distance will vary from 20-40 miles and will always be an adventure. Destinations always include lunch stop. Bring water and snacks.

Contact: Tony Rall, 335-4739

Wednesday

Beginners Ride -starting at 9:30 AM Start at Lighthouse Field State Park ENTRANCE at front of the restrooms on West Cliff Drive. Park in the parking lot. Riders decide destination. New riders welcome!. Contact hmsherman2@sbcglobal.net.

Thursday

Meet at 10 AM in front of the Corralitos Market in Corralitos for a moderately paced road ride of 25-45 miles. This is a No Leader—Decide and Ride. Bring water, snacks. OR, meet at 9 AM at Gateway Plaza for alternate Decide and Ride. Contact Jim Denton at terramoto1@sbcglobal.net for details.

Saturday, May 2

LDTSG #18 - A Ride in the Park

Meet at Capitola Community Center (Jade St./45th Ave.) at 8 AM to carpool. C riders start at Kirby Park on Elkhorn Rd. at 9 AM. A/B riders start at Pezzini's Produce on Nashua Rd. at 9:30AM. Go to the Monterey Coast with lunch in Pebble Beach. A = 40 mi., B = 60 mi., C = 80 mi.

Ed Kilduff.....724-2501

Saturday, May 9

Pasta Roll Over

Meet at Capitola Community Center (Jade St./45th Ave.) at 9AM. Ride goes to Scotts Valley. A = 24 mi/2000 ft., B = 33 mi/3000 ft., C = 52 mi/3600 ft. Lunch at Scotts Valley Market.

Scott Campbell..... 426-0989

Saturday, May 16

Through the Strawberries

Meet at Capitola Community Center (Jade St./45th Ave.) at 8:15 AM to carpool. Starts from Kirby Park on Elkhorn Rd. at 9 AM. Ride takes you through Aromas to San Juan Bautista for lunch. A = 34 mi., B = 61mi., C = 85 mi.

Alejandro Pujol..... 312-479-2805

Saturday, May 23

Hollister Hills and Beyond

Meet at Capitola Community Center (Jade St./45th Ave.) at 8:15 AM to carpool. Ride starts from San Juan Bautista School at 9:30 AM. Travel to the small town of Tres Pinos for lunch.

Ed Kilduff.....724-2501

Monday, May 25 Memorial Day

How Did Eureka Canyon Get Its Name?

Meet at Capitola Community Center (Jade St./45th Ave.) at 9 AM. Ride through Watsonville and Corralitos to find Eureka Canyon. Lunch at the Summit Store.

Jim Denton..... 461-0370

Saturday, May 30

To the Next Bay North

Meet at Capitola Community Center (Jade St./45th Ave.) at 8 AM to carpool. Start riding from the north end of Pescadero at 9 AM. Please don't park in the church parking lot. Ride to Half Moon Bay for lunch.

Alan Eklof..... 427-9760

Saturday, June 6

Bolder Over

Meet at Capitola Community Center (Jade St./45th Ave.) at 8:30 AM to carpool. Start in Boulder Creek on Lorenzo St. (behind Johnnie's Market) at 9 AM. This ride goes to Big Basin for lunch. A = 25 mi., B = 43 mi., C = 57 mi.

Janie Tibbals..... 336-1040

Saturday, June 13

Cowboy's Preserve

Start from Capitola Community Center (Jade St./45th Ave.) at 9 AM. Note: A riders are starting from 5-Mile House in Corralitos at 10 AM. Please park in lot behind shops. Our leader has chosen to take you to one of the best places for pie and snacks in the county. A = 32 mi., B = 48 mi., C = 60 mi.

Mike Andalora247-9722



Participating in the AAUW-sponsored Wanda ride in Fremont are members of The Babes, one of SCCC's riding groups. Back row from left to right: Maren Otieno, Pam Treder, Jean McCloskey, Margo Hober, Judy Marsalis, Mary Maier, Myrna Sherman and Luane Beck. Front row, on left, Dale Blanchard (Babe for an hour) and, sitting, Marilyn Marzell



Teachers and students: Participating in the Beginners Bicycle Class are, left to right, back row: Nicolas Dade, Mike Jerry, Bill Maclay, Joel Isaacson, Diana Chase; middle row: Janet Fogel, Janet Starr, Michele Giulvezan Tanner, Robin Powers, Myrna Sherman, Anne Thomas, Lilly Ann Popken, Margo, Hober, Mary Mulligan. In the bushes—Fancy Graham,

Saturday, June 20

Serenity in the Hills

Meet at Capitola Community Center (Jade St./45th Ave.) at 8 AM to carpool. Start riding from the north end of Pescadero at 9 AM. Please don't park in the church parking lot. A/B riders will eat lunch after the ride in Pescadero. C riders will eat lunch at Alice's Restaurant in Sky Londa. A = 30 mi., B = 44 mi., C = 60 mi.

Grace Voss..... 462-4884

Saturday, June 27

Spin, Trim and Swim

Start from the backside of Natural Bridges State Park on Delaware Ave. at 9:30 AM. Bring your swim suit and a potluck dish to share at the pool party to follow the trimming...tree trimming that is. The SAG vehicle will transport your dish to the party. Christmas in June...not really. Each person that participates in the tree pruning is entitled to choose one tree for two pruned to be picked up in December.

Lilly Ann Popken 427-3438 and Janet Fogel 438-0706

Saturday, July 4

Decide and Ride

Start from Capitola Community Center (Jade St./45th Ave.) at 9 AM. No ride leader; decide ad ride..

Thank you March-April ride leaders!

Herb Greenfield, Linda Brodman, Ed Kilduff, Jim Denton, Janet Fogel, Myrna Sherman, Robert Seelig Paul & Jennifer McDonald, Ric Eiserling, Scott Campbell, Tony Rall and Mike Andalora

Beginners bicycle class is big success

Myrna Sherman and Janet Fogel recently completed the Wednesday beginners' bike class, and many of their students may "graduate" and become active club members, according to Janet. Some students have signed up to ride the 30-mile Strawberry Fields ride. Janet reports that it has been rewarding for her and Myrna to see their students' enthusiasm and ability grow. Janet and Lilly Ann Popken will be teaching a bicycle skills class through Scotts Valley Parks and Recreation beginning June 3. Like the series Martha Bedal began, it will be held on Wednesday mornings and progress to a culminating ride to lunch. Classes will start at 9:30 AM at the Parks and Recreation Office at 361 Kings Village Road in Scotts Valley. If club members have friends who would like to start cycling, this might be a good (free) six-week introduction. Interested parties may register on line or by phoning the office. (831-438-3251) Or go to www.scottsvally.org and click on Parks and Recreation to register online.

Welcome New Club Members

Gary Schilling
Byron and Anne Thomas
Joel Isaacson
Wendy King
Jennifer Snider
Arati De La Roziere



May 10-17 Bike to work/school week offers variety

BIKE TO WORSHIP on the day that you worship @ your place of worship (a do-it-yourself event). For more information contact Batya @ 419-6574.

BIKE TO WORK IS EVERY DAY! Ride your bike to work as many days as possible during Bike Week and save money, help the environment and get exercise! Sign up and be eligible to win prizes.

TUESDAY, MAY 12 COMMUTER RACE, An afternoon commute-hour friendly competition between a motorist, cyclist, electric bike rider, tandem rider and other sustainable forms of transportation. Check your local media to see who can navigate through traffic and reach the destination first.



De Laveaga School is one of many free breakfast locations at Santa Cruz County schools on May 14

WEDNESDAY, MAY 13 FOOD DELIVERY DAY, 9:00 am-5:00 pm; Civic Center ABC Room (307 Church Street). Call and volunteer to spend 1-2 hours transporting food to feed 5,000 people for Bike to Work/School Day! Call Kelly @ PedX: 212- 1987 or email: Kelly@pedalexpress.com.

THURSDAY, MAY 14 BIKE TO WORK/SCHOOL DAY, 6:30am-9:30am. FREE breakfast for cyclists at sites around Santa Cruz County as well as free massages by Cypress Health Institute and bike maintenance by local bike shops at most sites.

SATURDAY, MAY 16 RAIL AND TRAIL DAY – TRAIN AND BIKE RIDE, 10:00am, Santa Cruz Train Depot Park, (119 Center St. two blocks down from the Wharf). Celebrate train and bike travel with a train ride from the Depot Park in Santa Cruz to Felton. Bring your bike on the train for a fun group ride back down to Santa Cruz along scenic Highway 9. Helmet required. Train tickets are \$4 for children under 12 and \$8 for adults. Co-presented with People Power, Santa Cruz County Cycling Club, and Friends of the Rail Trail (FORT). Debora Vitale reports that she needs 30 volunteers for this important event. Contact her at Deborah_vitale2003@yahoo.com

Are you looking for a free breakfast?

DOWNTOWN SANTA CRUZ
• Jamba Juice (Pacific Ave. @ Water St.). Sponsored by Peet's Coffee and Trader Joe's.

• County Government Building (701 Ocean St.)

EASTSIDE
• The Buttery (702 Soquel Ave. @ Branciforte Ave.). Valet bike parking provided by People Power.

• Emeline County Facilities (1400 Emeline Avenue, Building K) • People's Coffee (1200 17th Ave. @ Brommer St.)

CAPITOLA
• Verve Coffee Roasters (816 41st Ave.). Sponsored by the City of Capitola.

WESTSIDE
• The Seymour Marine Discovery Center at Long Marine Lab (end of Delaware Ave.)
• New Leaf Community Market (1101 Fair Ave., on the corner of Fair Ave. and Ingalls St.)

School sites located throughout Santa Cruz County!

For more information contact: Bonnie or call 831-426-5925 ext. 128

SUNDAY, MAY 17 KINETIC ART CRUZ, 10:00am, San Lorenzo Park. Bring your human powered art vehicle to downtown Santa Cruz and celebrate creative community spirit and alternative transportation. For more information visit www.riverartsfestival.com.

Bike to Work contact information: bmcpike@ecoact.org or call 831-426-5925 ext. 128



Early spring Kings River Blossom Ride is scenic experience



Riding the Kings River Blossom Ride on March 7 are, l to r: Vita Pritchard, Kathy Morris, (Ed's daughter), Frank Pritchard, Ed Kilduff, Grace Voss, Meredith Fuhrman and Lori Kovachavich.

One crispy cool Saturday morning in early March, five SCCCC members—Ed Kilduff, Grace Voss, Meredith Fuhrman, my husband Frank and I—took a detour from the scheduled club ride to join the King's River Blossom Ride in Reedley, about a 45 minute drive south of Fresno.

Also on the ride were Ed's oldest daughter, Kathy Morris and Lori Kovachavich.

Many people would think it's too long a drive for a simple, mostly flat, 47-mile ride. But, believe me, it was worth it! In my mind's eye, I can still see the vast space painted in a variety of colors by "Master Spring"—bright green from the virgin grass, snowy white from the apple orchards, pink (ranging from pale

to very dark) from almond, walnut and peach tree orchards and orange from the endless orange groves along the side of the roads. Wildflowers added their rich colors to the palette. Sierra snow-covered mountain peaks on the

distant horizon completed the panorama. Every five minutes or so, I would get off my bike in a (mostly futile) attempt to capture another magnificent view with my camera.

After about 20 miles along this magical route, we came to a rest stop by the King's River. Cookies, peanut butter, bagels, and local oranges and raisins made us feel even happier. At this point, we crossed the river and turned back to the finish line.

Lunch was served on the river bank, in the same park where we registered that morning. Here we learned, by talking with the ride organizers (the Reedley Lions Club) that we rode in the company of about 1200 riders, up from 600 riders the year before! Lunch consisted of delicious chicken fajitas and apple juice.

All this and a pre-ride supper with two of Ed's beautiful daughters (Kathy and Colleen) and their families. What a deal!! Pre-registration was \$25 and same day \$30. I'll be there next year. Anyone want to carpool?—Vita Pritchard

Geppetto's troops storm Calaveras

March 5—8:45 am - SCCCC adventurers arrive in Sunol, only to find it has been taken over by Team in Training for group ride! The hearty SCCCC group of 13 cyclists makes mad dash to reconnoiter center of town as school parking lot completely full. Squad makes successful rendezvous along Main Street due to general resourcefulness and knowledge of alternate facilities. (Make note to organize secret SCCCC special forces commandos next year, Team in Lackadaisical Training (TILT) to perform diversionary maneuvers keeping about 10 parking spaces open in school lot until we get there.)

9:15 am, mile 0. A riders head directly to Calaveras Road. B/C riders do an out and back on Kilkare Road before heading out to Calaveras.

Mile 13 - C riders turn off Calaveras to head up Welch Creek Road for another out and back. Little do they know that the end of the road has been extended another 1.5 miles and burning quads indicate the new stretch is as steep as the old. The victims

report this road is now a 5 out of 5 star climb on the Nagle scale (bring those old touring gears or else), and the Pujol altimeter service reports afterward that this climb is now bigger than the one up infamous Sierra Road! Very nice scenery at top offset by little chance to view it due to descent with white knuckle grip on brakes and smoking rims, with any navigational missteps requiring aviation and water landing skills in narrow river canyon.

Mile 21 - out and back on Geary Road leads to Sunol Regional Park with water, bathrooms, visitor center, and one-mile loop to picnic area in pretty canyon bottom.

Mile 37 - drop down to Ed Levin Park for lunch. Some decadent riders opt for



Brian (Geppetto) Schaeffer

golf course grill down the road, with dining area/bathrooms, decent food and relaxing atmosphere. B riders turn back uphill for out and back up Felter, while C riders head down to Piedmont.

Mile 41 - Sierra Rd, part of 2009 Amgen stage race with expansive view of Silicon Valley on the ascent. Grade more consistent than that on Welch Creek, but legs are not impressed with mental rationalizations such as this when they're doing all the dirty work. View of SF near top. On descent, five wild turkeys try to commandeer road, but wily bicyclists slip through unharmed.

Mile 51 - Final climb from Felter Junction back up Calaveras. One last chance for eagle observation while taking the swooping contours in reverse, followed by final descent to Sunol.


Mile 66 - Ready to head home. Make note to suggest ride name change to 'Large Birds Around' due to zero bobcat sightings. Riot squads have apparently cleared the town of all rowdy TNT-ers as Sunol appears to be back to its quiet self.

—Geppetto Grupetto

Local bicycle shops

These shops are supporting our bicycle club with discounts on bicycling accessories. Discounts vary by shop, but generally run 10% off the regular price. Ask the sales clerk for club discount.

Another Bike Shop
2361 Mission Street
427-2232
Open 7 days 10 AM-6PM

The Bicycle Trip 
1127 Soquel Avenue
427-2580
Monday-Saturday 10am-6pm
Sunday 10am-5pm

Bill's Bike Repair
2826 Soquel Drive
477-0511
Open seven days but call first!

Amsterdam Bicycles
2-1231 East Cliff Drive
475-1394
Tuesday-Saturday 10am-6pm

Dave's Custom Bikes
910-A Soquel Avenue
423-8923
Tuesday-Sunday 9am-5pm

Family Cycling Center
912 41st Avenue
475-3883
Monday-Saturday 10am-6pm
Sunday 10am-5pm

The Spokesman Bicycles
231 Cathcart Street
429-6062
Monday-Thursday 10am-6pm
Friday 10am-7pm
Saturday 10am-6pm; Sun 12-5

Sprockets 
1420 Mission Street
426-7623
Tuesday-Friday 10am-6pm
Saturday 10-5; Sunday 12-5

The Bike Coop
1156 High Street
457-8281
Monday-Friday 10am-6pm

Bike Station Aptos
8061 Aptos Street
688-4169
Monday 12-6pm; Tuesday to Saturday 10-6pm

Mr. E's Cyclery
8059 Aptos Street
662-2937
Tuesday-Saturday 11am-6pm
Closed Sunday-Monday

Scotts Valley Cycloport
245 Mount Hermon Road
Scotts Valley
440-9070
Tuesday-Friday 10am-6pm; Friday 10am-7pm
Saturday 10am-6pm; Sunday 12-5pm

Trey's True Wheels
Watsonville
227-6731
Call for Appointment

Watsonville Cyclery
1202 Freedom Boulevard
Watsonville
724-1646
Monday-Sturday 11am-6pm; Sunday 12-5pm

Want to list your bike shop here?
Contact **The Roadrunner**
roadrunner09@santacruzcycling.org

 = **Business Membership**



Santa Cruz County Cycling Club Membership Application/Renewal Form

The Santa Cruz County Cycling Club is a group of bicycling enthusiasts with a wide variety of interests and abilities. The mission of the SCCCC is to promote bicycling for all ages through education and organized bicycling events. Included in your membership is a subscription to The Roadrunner, the club's bimonthly newsletter, which publishes a schedule of rides and bicycling announcements. In addition, a 10% discount at local bicycle shops. Annual membership dues must be paid to remain a member in good standing. Dues become due yearly in the month your membership is received.

Applicant First and Last Name (please print)		Family Members (if family membership)		Application Date
Address		City	State	Zip Code
Home Phone	Work Phone	E-mail		Birthdate (mott/day)
Please check the appropriate box <input type="radio"/> New Member Membership <input type="radio"/> Renewal Membership <input type="radio"/> Information Change Only		Please check Individual (\$25)____ 3 years (\$60)____ Junior (under 18) (\$10)____ Family (\$35)____ 3 years (\$90)____ Business Membership (\$50)____ Newsletter delivery: I want to be green; send newsletter via e mail____ I want to receive my newsletter via US mail____		

League of American Bicyclists (LAB)

Release and Waiver of Liability, Assumption of Risk, and Indemnity Agreement ("Agreement")

Each applicant for membership shall read and sign the following Release Agreement

In Consideration of being permitted to participate in any way in Santa Cruz County Cycling Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. Acknowledge, agree and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. Fully Understand that: (a) Bicycling Activities Involve Risks and Dangers of Serious Bodily Injury, including permanent disability, paralysis and death ("Risks"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions of others participating in the activity, the condition in which the activity takes place, or the negligence of the "Releases" named below; (c) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs and damages I incur as a result of my participation in the Activity.

3. Hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless the Club, the LAB, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and leasers of the premises on which the Activity takes place (each considered one of the "Releases" herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "Releases" or otherwise, including negligent rescue operations.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Signature of Applicant

Date

Signature(s) of additional family members 18 years or older

Date

Please complete the following for any minor (18-year-old) family members:

Name

Age

Name

Age

Minor Release

And I, the Minor's parent and/or legal guardian, understand the nature of bicycling activities and the Minor's experience and capabilities and believe the minor to be qualified, in good faith, and in proper physical condition to participate in such activities.

I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless each of the releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the "releases" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the releasees named above, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss liability, damage, or any cost that may incur as the result of any such claim

Printed Name of Parent or Guardian

Signature of Parent or Guardian

Signature of Minor

Please sign waiver — Incomplete Forms Will Be Returned

Enclosed is \$_____ dues for membership in the Santa Cruz County Cycling Club which entitles me to all the rights and privileges of membership.
 Make check payable to SCCCC and mail to: Santa Cruz County Cycling Club, P.O. Box 8342, Santa Cruz, CA 95061-8342

May-June, 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 Club Ride
3	4 Board Meeting 7 p.m.	5 Club Ride 10 a.m. DLV	6	7 Swanton Time Trial 6 p.m.	8	9 Club Ride
10	11	12 Club Ride 10 a.m. NMP	13	14 Race Team 7 p.m.	15	16 Club Ride
17	18	19 Club Ride 10 a.m. DLV	20	21	22	23 Club Ride
24	25	26 Club Ride 10 a.m. NMP	27	28	29	30 Club Ride
31	1 Board Meeting 7 p.m.	2 Club Ride 10 a.m. DLV	3	4 Swanton Time Trial 6 p.m.	5	6 Club Ride
7 Fun Ride	8	9 Club Ride 10 a.m. NMP	10	11 Race Team 7 p.m.	12	13 Club Ride
14	15	16 Club Ride 10 a.m. DLV	17	18	19	20 Club Ride
21	22	23 Club Ride 10 a.m. NMP	23	25	26	27 Club Ride
28	29	30 Club Ride 10 a.m. DLV	DLV is DeLaveaga Park NMP is Nisene Marks Park			

THE ROADRUNNER
PO Box 8342
SANTA CRUZ, CA 95061-8342

Santa Cruz County Cycling Club Membership Card
www.santacruzcountycycling.org – P.O. Box 8342 Santa Cruz, CA 95061-8342
(valid only with member's mailing label)