

The Roadrunner

A BI-MONTHLY PUBLICATION OF THE SANTA CRUZ COUNTY CYCLING CLUB

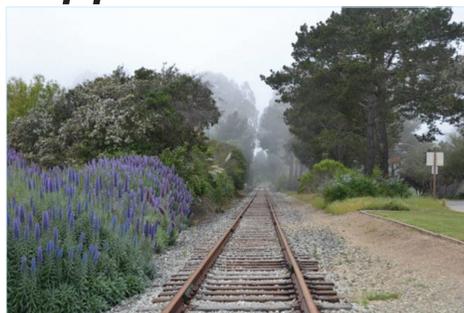
Planning Commission approves rail trail

On Oct. 5, the Santa Cruz Planning Commission approved unanimously the permits for the construction of Phase 1 of Segment 7 of the Monterey Bay Sanctuary Scenic Trail (rail trail) for the Westside of Santa Cruz. Assuming no permit appeals, the city council is anticipated to approve the plans and specifications to bid the project in December and seek the California Transportation Commission's approval in January. If approved, the trail is anticipated to break ground in next spring.

The asphalt trail will be 16-foot wide for 80% of its length, with 12-foot wide sections for 20%, depending upon terrain. Six heritage trees will be removed, with 12 trees planted as replacements.

Starting at Natural Bridges, the trail will be built on the coastal side of the railroad tracks as far as the intersection of Bay and California. It includes a bridge over Arroyo Seco, a 4.5-foot cable railing between trail and tracks and a cycletrack (two-way bike lane) at Bay and California.

Phase 1 of the trail is fully-funded and has the potential to serve 30,000 people. It will provide access for bicyclists, pedestrians and the handicapped to nine schools and



City council will vote in December on rail trail approval

28 parks and beaches. Construction may take up to a year.

The trail has received both federal grants, state funding and local funding. Federal grants must be spent by next June or risk loss of funds, according to RTC Executive Director George Dondero. "If the rail tracks are removed, it will require five to 10 years of study and permitting. The danger is loss of federal and state grants if the project is delayed," he warned.

The trail segment is estimated to cost \$3.1 million. The RTC has \$6.5 million available to build both Phase 1 and 2, with the latter extending to the Wharf Roundabout at Pacific and Beach.

Member gives tribute to Cycling for Starters class

I have been a club member since 1998. In the beginning, I rode a lot as I was training for the 1999 CA AIDS Ride and then the 2000 Alaska AIDS Vaccine Ride. My first mentor was Ed Kilduff, who invited me to come try a club ride and who quickly brought me under the wings of other special SCCC members: Leo Mall, Herb Greenfield, Ric Eiserling, John O'Hara, the late Barbara Kilduff and Bart Coddington, to name just a few. They encouraged me, cheered me on and told me I could do it!

I went on to ride every mile of those epic rides, and registered my 4,000th mile while I was in Alaska. I had come a long way from the beginner in all cotton clothing, struggling along on a street bike.

Fast forward to last June, when I joined the Cycling for Starters Class led by Chris Zemny and Susan Kent (with capable assistance from Jack Johnson). I had been off my bike for a few years and needed to regain confidence and connection with the



Rosemary

club.

This class was just the ticket. While it was Chris and Susan's first class, it was not a first for the club. So much of what we enjoy in our lives is a result of all those who went before us

and had the vision to create something positive for others. SCCC has had many such members, beloved folks, some of whom are smiling down from cycling heaven like Martha Bedal, Barbara Kilduff and Janet Fogel, as well as those angels on earth like Lilly Ann, Chris, Susan and others who keep the legacy alive and continue to pay it forward.

We had a wonderful six weeks and I hope many of us will go on to participate in future rides with the club. Thank you Chris and Susan for creating a new group of cyclists!
—ROSEMARY ANDERSON



November—December, 2017
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Holiday party is Sunday, Dec. 10

The annual SCCC holiday party takes place starting at 2 p.m. Sunday, Dec. 10 at the Felton Community Hall, located at 6191 Highway 9 near the intersection of Mt. Hermon Road and Highway 9. The club will provide a main dish, with members bringing potluck items. A white elephant exchange is optional.

Full agenda for October meeting

Bring any old bike equipment/clothing to the SCCC meeting this Thursday, for the club's 'Swap Meet.' A clinic on fixing a flat tire will follow, plus a sensational photo display of Africa's scenery and animals from a recent bike trip. Swap meet starts around 6:30 p.m.

Cycling for Starters class in January

Lilly Ann Popken and Jack Johnson will teach a Cycling for Starters class starting at 9:45 a.m. Wednesday, Jan. 24. Participants for the six-week session of bike rides should meet at the Lighthouse Field bathrooms off West Cliff Drive. A helmet and a bike in good working order are required. Start locations will change each week.

THURSDAY, OCT. 26TH
SCCCC MEETING
7 P.M. SIMPKINS SWIM CENTER
979 17TH AVENUE

Club shorts: Injuries slow three club members

Recent bike and non-bike mishaps have resulted in injuries to three SCCC members! **Jim Denton** reports he was riding his mountain bike over a drainage section at the bottom of a trail near Highway 9 when his front wheel hit a big root. He “wheelied” his bike, landing on his back and suffered a lung injury, although Jim expects to be back on his bike soon.

Pete Pearson was in the midst of an act of kindness for Twin Lakes Church’s annual Yard Sale when he felt a tweak in his back. A month later he was moving heavy pots of geraniums off his patio when the injury recurred, landing Pete in the emergency room for three days before rehabbing at Kindred, a long-term care facility in Live Oak. While Pete’s downhill ski season is out, he says he hopes to get back on his bike soon. He is doing physical therapy several times a week.

And, **Kathy Frank and Tom Mattinson** were riding on San Miguel Road on Oct. 9 in South Santa Cruz County when Kathy’s front bike wheel came into contact with Tom’s rear wheel, resulting in a spill on the dirt by the side of the road for Kathy. She is recovering from a concussion and a broken clavicle, and will be off the bike for at least six weeks. (After a call to 911 resulted in an ambulance ride for Kathy to Natividad Hospital, Tom got a ride back to Aptos from a farmer, who put both bikes in his trailer.) SCCC wishes a quick recovery for all its injured club members!

A quick financial review of the successful Santa Cruz Mountains Challenge last July reveals that the event attracted 435 registered riders (not counting several comp entries as part of a first-time exchange program with other bike clubs). Apparel sales at the finish area were financially successful. Preliminary net income stands at just over \$13,000, with more than 100 enthusiastic volunteers adding greatly to the event’s ambience!

SCCC member

Kathy Ferraro announces a one-day-only film festival featuring mountain adventure at 7 p.m. Saturday, Nov. 11 at



the Rio Theater. (Doors open at 6 p.m.)

Mountainfilm on Tour brings a selection of culturally rich, adventure-packed and inspiring documentary films curated from Telluride, CO. A Mountainfilm presenter will provide insight on the films, filmmakers and subjects. Visit riotheatre.com for a list of films and tickets, or go to brownpapertickets.com. Tickets are \$18 plus service charge.

SCCC members who have finally recovered from jet lag due to a breathtaking bike tour of Namibia (see pp. 4–5) are: **Betsy Schwartz, Lilly Ann Popken, Marilyn Marzell, Stella Sexmith, Grace Voss, Judy Marsalis, Harriet Wrye, Jim Wheeler, Richard Bedal and Deb Anderson Berardo.**

Ride SFO is including outdoor camping and sports gear in its annual fall bike swap. The camping, fishing, hiking and travel event takes place from 11 a.m. to 5 p.m. on Saturday, Nov. 18 at Craneway Pavilion in Richmond. The event is called Super Fun Outdoors Adventure Epo & Swap.

Where in the world are **Rod and Tina Armer**? Rod reports they are presently bicycling the Gold Coast of Australia from Brisbane to Sydney with a group of six other people, including their Australian CCE friends Paul and Kate Gubesch. They will proceed to Canberra after Sydney, then fly to Cairns and visit the Great Barrier Reef. A 15-day cruise to New Zealand is also on this adventure couple’s agenda! They will return to the US Dec. 12th. Whew!

Congratulations to club member **Susan Rosenthal**, who rode with the **WomanTours Pacific Coast Cycling Group** 1,100 miles from Anacortes, WA, starting Sept. 16, arriving in Ventura, CA on Oct. 16. The 25 participants ranged in age from their mid 50’s to mid 70’s. They were greeted in Davenport by **Skippy Givens**, who accompanied the group to Santa Cruz. (photo at left)

And, while you’re at it, congratulate the SCCC members who completed the Lighthouse Metric Century on Oct. 14: **Chris Zemny, Susan Kent, Brian Treece, Karla Stevens, Linda Halloran, Harriet Brown, Marney Cox and Grace Voss.**



THE ROADRUNNER is the official newsletter of THE SANTA CRUZ COUNTY CYCLING CLUB. It is published bimonthly, sent out via email to members and is available at local bicycle shops, the Santa Cruz Visitors Bureau and local libraries and chambers of commerce. Submissions (articles, photos, and letters) are gladly accepted. Email is easiest, but we’ll entertain all options. Contact us at: **SANTA CRUZ COUNTY CYCLING CLUB P.O. BOX 8342 SANTA CRUZ, CA 95061-8342** or www.santacruzcycling.org

THE SANTA CRUZ COUNTY CYCLING CLUB is a nonprofit organization pursuant to Section 501(c)3 of the Internal Revenue Service code. The club’s mission is to bring cycling to all levels of riders and encourage healthy lifestyles through education, friendship, teamwork and fun. The club is known for its annual **Santa Cruz Mountains Challenge** held the last Saturday in July. Proceeds from this event go to the club’s educational activities.

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Safer green bike lanes installed over and under busy Highway 1

Bicyclists are having an easier time crossing Highway 1 these days, thanks to both Santa Cruz County Public Works and the City of Capitola.

According to Greg Martin of County Public Works, the new striped green lanes on the overpass of Highway 1 and Soquel Avenue/Drive were established at a cost of \$15,000. Three other green lane clusters, also known as Bike Lane Enhancement Projects, have been installed by the City of Capitola. They are at the overpass of Highway 1 and 41st Avenue, the underpass of Highway 1 and Bay Avenue and the underpass of Highway 1 and Park Avenue.

Costs vary according to project, with planning and permitting a big part of total cost. Steve Jesberg of the City of Capitola reports that Capitola used Measure D transportation funds as well as Road Maintenance and Rehabilitation money from SB 1 to complete the bike lanes and new signage. Traffic control is another cost. The contractor was D & M Traffic Services in Santa Clara. The 41st Avenue Bike Lane



Bart Coddington in Park Avenue green lane

costs \$51,775, the Bay Avenue project was \$25,195 and the Park Avenue lanes cost \$38,082.

Amelia Conlen, transportation coordinator for the City of Santa Cruz, says, "The new green pavement markings, made of a thermoplastic coating,

don't change the rules of the road.

"Drivers are legally required to yield to bicyclists before entering the bike lane, and should signal and check their mirrors to make sure the bike lane is clear before turning. Bicyclists are required to stay in the bike lane unless it is unsafe to do so. They may leave the bike lane when passing another cyclist, if there is debris or glass in the bike lane, or if they're in the danger zone of opening doors from parked cars."

Update on Vision Zero

This past year, the Community Traffic Safety Coalition launched a Vision Zero initiative for Santa Cruz County to eliminate all traffic deaths and serious injuries. Vision Zero started in Sweden in 1997, resulting in a 50% reduction in fatalities and injuries, despite higher traffic counts.

Fatalities or serious injuries have long been viewed as unavoidable by-products of our transportation system. Vision Zero states that all traffic fatalities/injuries are preventable, each reflecting a failure in our current system. It also asserts that all road users have the right to be safe and the only acceptable number of traffic-related deaths and serious injuries is zero.

A first step is to shift away from the word "accident" by substituting "crash" or "collision." Why? Our perception of "accidents" is a barrier to creating meaningful changes and safer transportation safer for all.

Our county has experienced an alarming increase in deaths and serious injuries over the past year. Last June we released a traffic safety data report showing locations of serious injuries, deaths, and high-injury corridors. It is available at www.sctrfficsafety.org/VisionZero.

This report was highlighted at a public forum in June featuring keynote speaker Leah Shahum, director of the Vision Zero National Network. (www.visionzeronet-work.org). Attending the forum were elected officials, public works staff and county law enforcement officers, as well as citizens interested in safety.

To date, the City of Watsonville has expressed interest in developing a Vision Zero policy. We are excited to work with that city's officials, and we are committed to providing technical assistance to any jurisdiction interested in a new vision for safer streets.

—THERESA ROGERSON, COUNTY HEALTH SERVICES

CITY'S GREEN BIKE LANES

BROADWAY NEAR SAN LORENZO RIVERWALK
BROADWAY NEAR SEABRIGHT
SEABRIGHT NEAR SOQUEL AVENUE
SEABRIGHT AT MURRAY STREET
PACIFIC AVENUE (CYCLETRACK)
WATER STREET AT OCEAN AVENUE
LAUREL STREET (FRONT TO MISSION STREET)
SOQUEL AVENUE NEAR OCEAN

Santa Cruz embraces new bike safety programs

The City of Santa Cruz has launched a Street Smarts traffic safety education campaign to reduce traffic-related crashes and injuries by improving behavior for drivers, bicyclists and pedestrians. For its first year, Street Smarts will include messages about distracted walking and biking (using street banners, at schools and local media.) The Santa Cruz Police Department will deliver quarterly Street Smarts traffic safety presentations. (Visit cityofsantacruz.org/streetsmarts for dates and times).

Free bumper stickers and yard signs with traffic safety messages in English and Spanish are available to city residents. Come to the Public Works Office, 809 Center Street, Room 201, Monday through Friday from 7 a.m. to noon and 1 p.m. to 3:30 p.m. to pick one up.

BIKE LINK CARD FOR DOWNTOWN LOCKERS

The city is replacing some of its downtown bike lockers, which are available for \$.05 per hour. Lockers are accepting BikeLink cards only. (No ParkCards). This switch to BikeLink card access will hold users accountable to minimize storage of non-bike items, leaving more spaces for bike parking.

To order a BikeLink card, visit bikelink.org, call (888) 540-0546, or visit Spokesman Bicycles at 231 Cathcart St. or the Downtown Parking Office at 124 Locust

St. The Parking Office will exchange your ParkCard for a BikeLink card.

BIKE SHARE COMING IN 2018

The city is partnering with Social Bicycles of Brooklyn (NYC) to launch a Bike Share system next March as part of the Go Santa Cruz Initiative. It will include 250 bikes at 25 stations around town, with 50 bikes featuring an electric assist. Bike Share provides short-term bike rentals for point-to-point trips. Locals may use it for one-way trips. It also provides an option for anyone not wanting to leave a personal bike around town. Cash and credit card payment will be available, and bikes may be reserved through a mobile or web app. After payment, remove the bike, ride to your destination and return the bike to the nearest station. The city's goal is for new riders to discover biking through this program. Possible locations for Bike Share are Downtown, the Boardwalk, Long Marine Lab and the Santa Cruz County Building at Ocean and Water streets. All bikes have locks and GPS locators. They are welded into one piece, making them impossible to dismantle in order to sell parts.

Visit sc.jumpmobility.com to see where you want to see a bike share station in Santa Cruz.

—AMELIA CONLEN,
TRANSPORTATION COORDINATOR

Bike touring in Namibia is challenging and rewarding



Ready to ride: SCCCC members and friends with all-terrain bikes on desert airstrip in Namibia after a two-hour flight from Windhoek in two Cessna 900's.

One drowsy lion, a shy leopard, two distant cougars, giraffes, elephants, zebras, wildebeests, kudus, springbok and oryx from the antelope family, rhinos, crocodiles, a pair of tawny eagles and hundreds of guineafowl and birds to be identified later were among the highlights of a late-September, two-week bus and bike tour of Southwest Africa for 11 SCCCC members. Joining the bike clubbers were half a dozen women from Wenatchee, WA and Lancaster, PA, two Manhattan Beach residents and a couple from New Zealand.

Trip organizer was veteran traveler Betsy Schwartz, who initiated it along with the South African travel agency African Bikes. Destination was Namibia, a large and sparsely populated country located to the west and north of South Africa. Logistics included a bicycle and bus odyssey over 2,300 miles of unpaved roads through the Namib Desert to the coast, then back to the desert, culminating in animal watching at the world-famous Etosha National Park in northeast Namibia.

Each day was an adventure, starting with a two-hour flight from the capital city of Windhoek (pronounced Vinhook) in two Cessna 900 airplanes flying at 12,500 feet of elevation before landing on a solitary desert airstrip occupied by two bike vans plus Hans and Ben, our bike handlers.

Stepping down from the plane, we located our all-terrain bikes and off we went, accompanied by guides Andreas and Alan, riding on the first of many washboard roads to the spectacular Canyon Lodge, one of several four-star accommodations serving the country's popular eco-tourism industry.

All guest lodges were posh, both in accommodations and services. Most were

located on wild game reserves, employing local residents in the lodge and out on the spacious acreage as neighborhood watchers to protect animals from poaching. (Rhinos, prized for their horns by hunters from China and Vietnam, have sentries situated nearby 24/7, armed with rifles.)

Architecturally the lodges were spectacular, with the Twyfelfontein Country Lodge in southern Namibia a real standout. Set against sandstone-colored granite, the pathway to the lodge's entrance winds through 10-foot-tall boulders, with the second-story dining area offering views of the savannah. Thatched roofs top both the lodge and guest cabins, accessible by winding stone walkways. White-barked Morengo trees are a contrast to the red rock backdrop during the day, while lights illuminate the rock at night. An outdoor sculpture of three bushmen hunting with bow and arrow pays tribute to the original settlers of the area. With its spectacular rock backdrop, Twyfelfontein is the Ahwanee Lodge of Namibia! Other trip highlights:

Namibia's Sand Sea

- Exploring the Namib Sand Sea, a series of curving sand dunes ranging in color from pale buff in the west to deep red in the east due to iron oxide content. After an early morning bike ride on a "tar road" paralleling the dunes, we climbed the narrow spine of Dune #45. A small plane ride in a Cessna 210 then revealed the Sossusvlei, sections of white clay pan set amidst brilliantly red star dunes that reach 200 meters high, the end point of the Tsauchab River. Due to constant wind, footprints don't remain long in the dunes, which turn in different directions due to prevailing winds.

Other trip highlights were...

- Visiting the ghost town of Kolmonskop, site of a flourishing diamond industry until 1943 but now a victim of blowing sand. About 340 Germans lived upscale lives here as 800 African laborers dug for precious gems, forced to wear bandanas over their mouths so they couldn't smuggle the loot by swallowing it! A daily train delivered ice, water and lemonade to families of company executives. A swimming pool, theater and bowling alley provided recreation. Alas, today all is sinking slowly into the desert!

- A late-afternoon ride on a bike path along the ocean at Swakopmund, a city of German architecture, German residents and German tourists. Our stay at Hotel Swakop, a grand building with spacious rooms, exuded elegance from a bygone era when women wore long dresses, large hats with veils and high boots as they traveled by train to this seaside resort from Namibia's capitol city of Winhoek. Today's residents have changed the German street names to names of Namibian leaders, although the main street remains Kaiserstrasse.

- Our German guide Andreas was undaunted in his enthusiasm for Namibia, and we cheerfully adhered to a busy itinerary. One day we rode our bikes to the coast propelled by a 35 mph tailwind. Another day we visited an elementary school where students sang their country's national anthem just for us. We saw 4,000-year-old Bushmen paintings in the rocks in the Damara area where a guide gave us a lesson using "clicks" for communication.

Betsy said she enjoyed eating kudu, oryx and springbok, adding that Namibian roads were "the sandiest and bumpiest I have ever traveled." Stelle Sexmith said she enjoyed seeing "chewing giraffes, braying hippos, thousands of flocks of chirping birds and a chomping elephant." —GLIDE A. LONG

How to ride a bicycle on the washboard roads of Namibia

Namibia's roads are made of hard-packed dirt and gravel, accompanied by piles of sand from recent winds. Riding an all-terrain bike requires patience, planning and occasional mad bursts of power to plow through the sand traps! The following tips were helpful for SCCCC riders/friends.

Learn to anticipate! Firm, flat roads never remain firm and flat for long! After 20 yards of good road surface, the bicyclist encounters gravel and/or sand blown in from the Namib Desert. Look far enough ahead and change course quickly!

Follow Robert Frost's advice and take "the road less traveled." In Namibia this means riding on the far right or the far left of the roadbed, away from the washboard center. The going here is smoother, less



On an afternoon bike ride along shoreline of Swakopmund, Alan, kneeling, and Andreas, far right, were guides.

jarring. Automobile traffic is almost non-existent, so crossing over the road is fairly safe, although watch out for the occasional speeding driver. Downhill riding is tricky due to sand piles. For uphill riding, shift early and often! Otherwise, all will be lost!

Learn to follow the tracks of the bicyclist in front of you. (Some travelers create espe-

cially reliable paths, i.e. Richard Bedal)

Learn which way the wind is blowing and ride on the side of the road free from the white dust generated by passing motorists.

Upon arrival at the guest lodge, order a beer or something stronger to soothe frazzled nerves. Compare hair-raising stories of the day's roads with fellow travelers.

—RHODA BIKE

Namibia is a country of friendly people, wind, sand and wild animals



L to R: Deb Anderson Berardo with students at Community School, Richard Bedal on Dune #45 and luxurious Twyfelfontein Country Lodge with typical thatched roof.



Above: elephants, zebras and springbok; below, tawny eagle, oryx, rhino with valuable horn intact and giraffe. Right photo: Stella Sexmith, left, and Betsy Schwartz on bus.



Weekly Rides *Rider Levels*

C Rides are between 25-35 miles, at 10-14 mph, with up to 2,000 feet of elevation. B Rides are for intermediate riders and are between 25-50 miles, at 12-16 mph pace, with up to 3,000 feet of elevation; A Rides are for experienced riders looking for a challenge. These rides are from 40 - 80 miles, at a 15-20 mph pace, with over 3,000 feet of elevation.

Bicycle club members lead social group rides for the enjoyment and pleasure of the bicycling community. While riders regroup along the way, we recommend riding with a buddy. If you don't come with someone, feel free to ask one of the other riders if you can ride along with them. Come prepared with extra tubes and know how to change a flat tire. Bring water, a snack and ID. Before the ride starts, every participant must sign a League of American Bicyclist (LAB) approved waiver stating that the Santa Cruz County Cycling Club is not responsible for any incident occurring during the ride. Saturday bicycle rides (or carpools) may start from the Capitola Community Center (Jade St/45th Ave) in Capitola. Route sheets will be emailed to the club mailing list about two days before each ride. Rain cancels rides.

Tuesday ride: Meet at 9:45 a.m. for a 10 a.m. start for this social/leisurely paced road ride. 1st and 3rd Tuesdays of month, start at Gateway Plaza (the shopping center on River St. near Hwy 1). No public water or restrooms available. On the 2nd and 4th Tuesdays, meet at parking lot by the entrance to Nisene Marks Park, Aptos. The fifth Tuesday of the month is a leader's choice for start location. Distance will vary from 20-40 miles. Destinations include a lunch stop. Bring water and snacks. Questions? Contact: Ralph Edwards at rhedwardsiii@gmail.com. "Lite" rides are offered in conjunction with the regular Tuesday rides for a less strenuous, generally shorter ride. New C/D rides on Mondays and Thursdays on club calendar at www.santacruzcycling.org.

Saturday, November 4 A/B Rides
 Fort Ord's Car-Free Roads
 10 a.m. start from Pezzini's; A=52 mi./3411'; B=35 mi./2043'
 C-riders welcome to join B ride!
Ric Eiserling.....831-475-5397

Saturday, November 4th C Ride
Gazos Creek, Pescadero, San Gregorio Loop
 10 a.m. start at Gazos Creek State Beach; 29 mi/1755'
Marilyn Marzell.....831345-0567

Saturday, November 11 A/B Rides
Santa Cruz Mountains Loop
 9 a.m. start at Gateway Plaza; A+=70 mi/7,500'
Richard Burton.....408-540-4695

Saturday, November 11th C Ride
Sunset Beach State Park
 10 a.m. start at Rancho del Mar; 27.6 mi/1790'
JT Hart.....831 234-7726

Saturday, November 18 A/B Rides
Monterey to Pebble Beach
 10 a.m. start at Pezzini's; A/B=49 mi/2,930'
Skippy Givens.....831-332-2977

Saturday, November 18th C Ride
Chitactac to Morgan Hill
 10 a.m. start at Chitactac Park. 35.9 mi/1340'
Joe Kelly.....831 454-601

Saturday, November 25 A/B Rides
Roads Less Traveled
 9 a.m. start at CCC (Jade St.) 50 mi/5,000'
John Marshall.....831-419-8719

Saturday, December 2 A/B Rides
South County
 10 a.m. start at CCC, Jade St.; check club website for route
Trish Cernac/Catherine vanRhee..trish.garcia@ymail.com

Saturday, December 2nd C Ride
Pebble Beach via 17-Mile Drive
 10 a.m. start at Starbucks; 33.9 mi/1310'
JT Hart.....831 234-7726

Saturday, December 9 A/B Rides
Eureka Canyon Loop
 9 a.m. start at CCC, Jade St.; 59 mi./4,036'
Isabelle Magnin.....831-325-2712

Saturday, December 9th C Ride
Aptos via Harbor
 10 a.m. start from S. Main and Beer 30; 25.8 mi/1360'
Jack Johnson.....831 359-2501

Saturday, December 16 A/B Rides
Gazos Creek & Alpine Road
 9 a.m. start at Gazos Creek State Park parking lot north of Costanoa; A=61mi./5,267'; B=42 mi./2690'
Chris Boman.....831-475-5902

Saturday, December 16th C Ride
Scotts Valley via Laurel Glen
 10 a.m. start at CCC on Jade St.; 25.7 mi/1596'
Paula Bradley.....831 345-5482

Saturday, December 23 A/B Ride
Carmel Tour of Historic Custer-Meyer house
 10 a.m. start at Lafayette Bakery, The Barnyard, Carmel;
 A=64mi./4688'; B=40 mi./3062'
Bruce Dau.....831-234-5177



Tuesday lite riders are ready to roll from Gateway Plaza on a mid-October ride.

Saturday, December 30 **A/B Rides**
South County Ride
 9 a.m. start at Seascape Village; check club website for route
 Peter Stanger.....831-688-2091

Saturday, December 30th **C Ride**
Gilroy Sports Center-Uvas
 10 a.m. start; ride details TBA
 Chris Zemny.....408-892-5585

Saturday, January 6 **A/B Rides**
Lockheed Gate via Bonny Doon, Empire Grade
 9 a.m. start at Gateway; B=51mi./4,464'
 Ron Olson.....408-218-3189

Saturday, January 6th **C Ride**
Seaside via Fort Ord
 10 a.m. start from Pezzini's; 34.5 mi/2051'
 Jim and Janet Starr.....831 325-8465

November and December D rides: leader Chris Zemny (408-892-5585)

Monday, November 6
Strawberry Hill Up and Down
 10 a.m. start at West Marine, Watsonville
 31.8 mi/ 1249'; [https:// ridewithgps.com/routes/2365722](https://ridewithgps.com/routes/2365722)

Monday, November 13
Larkin Valley, San Andreas, Vega, Gizdich
 10 a.m. start at Ann Soldo School; 35 mi/ 1176'
[https:// ridewithgps.com/routes/25457882](https://ridewithgps.com/routes/25457882)

Monday November 20
Sand City to Pebble Beach
 10 a.m. start at Starbucks, San City; 33 mi/ 1310'
[https:// ridewithgps.com/routes/20146188](https://ridewithgps.com/routes/20146188)

Monday, November 27
Cinega Wine Trail - Hollister
 10 a.m., start at Ridgemark Golf Club; 31 mi/ 1555'
[https:// ridewithgps.com/routes/11909298](https://ridewithgps.com/routes/11909298)

Monday December 4
Strawberry Fruit and Vegetable Ride
 10 a.m. start at Ann Soldo School; 36 mi/ 1122'
[https:// ridewithgps.com/routes/19940719](https://ridewithgps.com/routes/19940719)

Monday December 11
Pacific Grove to Point Lobos
 10 a.m. start (Asilomar Dr. by PG city golf course); 33.2 mi/ 1614'
[https:// ridewithgps.com/routes/23849262](https://ridewithgps.com/routes/23849262)

Monday December 18
Seascape Margarita Ride Backwards
 10 a.m. start from Seascape; 32.2 mi/ 1275'
[https:// ridewithgps.com/routes/16609785](https://ridewithgps.com/routes/16609785)

No D rides on Monday, December 25 or Monday, January 1st)

SCCCC members are off and on their bikes



Left photo: Jane Ferguson, left, and Sue P. Thorley cross the creek before hiking their bikes up a mile-long bypass trail to ride Highway 1 in Big Sur last summer. (The new Pfeiffer Bridge is now open to traffic.) Several SCCC bike rides took place using the bypass to take advantage of the lack of automobile traffic on Highway 1.

Right photo: Debbie Teixeira, having recovered from a back injury, rides the new section of the San Lorenzo Riverwalk. The improvement includes a 126-foot long bridge over Branciforte Creek and lighting. It was made possible through a state Active Transportation Program grant of \$1.8M and \$400,000 from gas sales tax.

Bike club members offer insurance tips in case of an accident

Did you ever wonder why you add your name to the SCCCC sign-up sheet on every single club ride? An obvious reason is to give the ride leader your emergency contact information, of course. A second reason is to protect the club from liability. But you should also be aware that your signature benefits you directly if you have an accident, as it did me this year!

When I crashed on a club ride last February, my fellow riders alerted my family and stayed with me until the ambulance arrived. I am grateful to them and happy to say I made a full recovery. My Kaiser insurance policy covered most of my treatment, but I paid my annual out-of-pocket maximum.

Then SCCCC President Catherine van Rhee helped me submit a claim to the club's insurance company, which acts as



STEVE WILLIAMS

secondary insurance. After a few confusing letters and emails from American Specialty Insurance, which was necessary for clarification of accident details, the company helped me submit the necessary documenta-

tion. This process took a few months, but I've already received reimbursement for much of what I paid, and the insurance examiner is still working to gather medical records to justify more reimbursements.

I've spoken to at least two other club members who have received this insurance benefit from the club. Like me, they had to

work to put the initial process in motion, but in the end they were happy to receive significant payments.

Thanks to all club leaders for supporting this amazing member benefit. And to my fellow riders, I encourage you to feel good about arriving on time for each club ride and adding your name to the ride sign-up sheet!
—STEVE WILLIAMS

(Bart Coddington used both his State Farm auto and homeowner insurance policies to pay some of his bills from a 2016 collision while riding his bike in Mississippi. The motorist who struck Bart had only \$50,000 in liability coverage, so State Farm paid the remaining cost from an under-insured motorist clause in Bart's policy. "At State Farm, the un-insured motorist clause is also the under-insured motorist coverage," Bart says.)

Who? What? Virtual reality owl reveals the future of transportation

An "owl" is showing the future of sustainable transportation in Santa Cruz County by means of virtual reality! This tool, similar to the coin-operated viewfinders usually seen at scenic locations, stands on the corner of Chanticleer Avenue and Soquel Drive. Look through the viewfinder (Right Photo: Luis Mendez of the RTC) and you will see a bike/ped bridge across nearby Highway 1, a new signal light at the corner of the busy intersection and a protected bike lane on Soquel.

The owl viewfinder will remain in place until mid-November. Three more owls are



on their way, one to the Westside this fall and the other two to Live Oak and Watsonville next spring. All viewfinders allow the public to see what is possible for sustainable transportation in the county. The owls are the result of the Regional Transportation Commission's effort to engage the community in "seeing" what the future looks like for transportation and land

use in the county.

"You look through the owl and you see visualizations that fade in and out of potential future conditions," said Anais Schenk of the RTC. "It's done using virtual reality technology so it feels like you're there. It is photorealistic and sort of like video game technology. You can move it around and see all the conditions around you changing while you are looking through the lens."

Next time you ride your bike on this busy corridor, stop by the corner of Chanticleer and Soquel and check out possible projects for that area with the help of the owl!

Construction underway for Twin Lakes project



Twin Lakes Beach's \$5 million Redevelopment Project is under construction. Extending from 5th to 7th Avenues, the project includes a coastal sidewalk and sea wall to protect pedestrians from shifting sand, two five-foot-wide bike lanes on each side of East Cliff Drive and 21 parking spaces. Former county supervisor Neal Coonerty has advocated for the project, starting in 2006. Scheduled date of completion is July, 2018



Enjoying the July Pizza and Pie Ride are Gloria Hum, foreground, and pals Mike Harrison, Marianne Benforado, mystery man and, far right, David Lawrence. Thank you social chairs for the fine outing in Delavega Park!

Thank you SCCCC ride leaders!

Jane Ferguson, Judy Isvan, Ric Eiserling (3), Skippy Givens (3), Michael Harrison, Tony Rall, Larry Tierney, Jack Johnson (3), Joyce Rollins, Peggy Seltz, David Lawrence & Marianne Benforado, Lilly Ann Popken, Marilyn Marzell (2), Judy Marsalis, Jim Wheeler & Harriet Wrye, Chris Zemny (10), Susan Kent (5), Brian Treece (2), John Marshall, Petronella van Dam (2), Catherine van Rhee (2), Jeff Totten, Bill McBride, Ron Parrish, Joe Kelly, JT Hart (2), Claire Northall, Paula Bradley, Peter Jones, Chris Boman, David & Jeanni Kadotani, Grace Voss

Bike Santa Cruz County sponsors Open Streets Oct. 8th



West Cliff Drive is car-free from 9 a.m. to 2 p.m. on Oct. 8. (Photo by Bill Bishoff)

Event's founder recalls inspiration

Santa Cruz Open Streets V is alive and well, under the capable guidance of Bike Santa Cruz County. The event started in 2012 as the brainchild of Saskia Lucas and it has occurred every year since except for 2014.

It takes place on (car-free) West Cliff Drive in the fall and Watsonville and Capitola in the spring. Lucas, who is working towards a psychotherapy degree at John F. Kennedy University in San Jose, says she was inspired by San Francisco Sunday Streets, a similar event, and by a long-ago bike ride on Highway 9 when it was closed to traffic due to landslides.

Lucas credits the Webster Foundation, Ecology Action, the Regional Transportation Commission and the City of Santa Cruz for the all-important funding for the event. And, of course, Bike Santa Cruz County for continuing the tradition of community members enjoying a car-free day on a sunny October Sunday!

Maura Noel, Peter Jones give cats freedom with house connection to 'catio'

Two former SCCCC board members, Maura Noel and Peter Jones, have shared a house in the Seabright neighborhood for the last few years. Now their two-year-old American shorthair cats, siblings Mouse and Leo, are enjoying their own luxurious, six-foot-high 'Catio', an outdoor home enclosed by wire screening so the cats may enjoy being outside while not threatening the local bird population.

What makes Maura and Peter's Catio enticing to Mouse and Leo is an additional 40-foot-long walkway of wrapped wire with two-inch openings stapled to the top of the yard's side fence. This allows the tiger-lookalike cats to be indoors or out, depending upon the weather, as the walkway opens into the home at one end and ends with a passageway into the Catio.



Maura with sibling cats, Mouse and Leo in 'Catio'

It's a real luxury condo for the two felines who came to Maura and Peter from the County Animal Shelter on 7th Avenue.

Acquiring the cats was Maura's idea, as

she says she grew up with both cats and dogs. Peter enjoys Mouse and Leo as well, although lately he has been busy with eldercare for his 88-year-old father. He has sold his Soquel Avenue Volkswagen repair business (Volks Café) and is busy liquidating inventory. The couple eventually hopes to take Mouse and Leo plus their bikes and travel in an RV for an extended trip across country.

These days, Maura is a bicycle commuter at least twice a week to UCSC, where she has started a new job as advisor to students involved in running the Student Union Assembly.

If you're considering semi-outdoor living for your favorite feline, check out this comfortable Catio with connecting walkway assembled by Maura and Peter!

—RHODA BIKE

Monterey County receives \$7.5M grant for Moss Landing bike, pedestrian bridge and pathway

Monterey County is planning to add a Moss Landing bike and pedestrian bridge and pathway to the Monterey Bay Scenic Sanctuary Trail (MBSST) thanks to a \$7.5 million award from the State Transportation Commission. Former SCCCC member and executive director of the Transportation Agency for Monterey County, Debbie Hale, said the project, all \$13.5 million of it, is now fully funded.

Hale added that the project is a key upgrade for local residents (and SCCCC members too) trying to bike or walk from the north side of Moss Landing to the southern side. With this project completed, bicyclists and pedestrians may avoid the heavily-traveled Highway 1 Bridge.

"This is exciting news," Hale said, adding that construction may begin in 2020. The bridge/pathway will run from the

former Sea Harvest Restaurant north of Eillkhorn Slough to the southern end of the community, eventually connecting to Castroville and the south end of the MBSST.

The MBSST is envisioned as a contiguous bike and pedestrian pathway from Lovers Point in Pacific Grove to Davenport north of Santa Cruz.

—GLIDE A. LONG

Local bicycle shops

These shops are supporting our bicycle club with discounts on bicycling accessories. Discounts vary according to the shop. Ask sales clerk for club discount.

Another Bike Shop
2361 Mission Street
427-2232
Open daily-10AM-6PM

The Bicycle Trip
1001 Soquel Avenue
427-2580
Monday-Saturday-10AM-6PM
Sunday-10AM-5PM

Bill's Bike Repair
2826 Soquel Drive
477-0511
Open daily but call first!

Dave's Custom Bikes
910-A Soquel Avenue
423-8923
Tuesday-Sunday-9AM-5PM

Family Cycling Center
912 41st Avenue
475-3883
Monday-Saturday-10AM-6PM
Sunday-10am-5pm

The Spokesman Bicycles
231 Cathcart Street
429-6062
Monday-Saturday 10AM-6 P.M.
Sunday-Noon-5PM

Cycle Works
1420 Mission St.
316-7671
Monday-Friday 10AM-6PM
Saturday-Sunday 9AM-6PM

Bike Station
(New Location)
3555 Clares St., Capitola 95010
831-226-5050
Monday-Friday-11AM-6PM
Saturday-10AM-5PM
Sunday-Appointment only

Scotts Valley Cycloport
245 Mount Hermon Road
Scotts Valley
440-9070
Tuesday-Thursday-10AM-6PM; Friday 10AM-7PM
Saturday-10AM-6PM; Sunday-Noon-5PM

Watsonville Cyclery
25 East 5th Street
724-1646
Monday-Saturday-11AM-6PM;
Sunday-Noon- 5PM

Epicenter Cycling
Aptos Station, 8035 Soquel Dr. Suite 23
662-8100
Monday-Friday-11AM-7PM; Weekend-8AM-4PM

AND...

1730 Mission Street, Santa Cruz
423-9000
Monday-Friday 10AM-7PM; Weekend 9AM-6PM

Current eBikes
131 Front Street, Suite D
831-621-2309
831-588-0936 (cell)
www.currentebikes.com

*The Roadrunner is printed by **Maverick Mailing**, which is owned by Peter Glynn, right photo, who sometimes delivers by bicycle. Call him for your mailing/printing needs. Peter has been serving Santa Cruz for over 20 years; Maverick Mailing uses 100% PCW recycled paper created with wind power and is the only 100% solar powered printing and mailing service in the nation.*

831-234-4663 www.maverickmailing.com



JOIN AND RENEW ONLINE at www.santa cruz cycling.org/club

Santa Cruz County Cycling Club Membership Application/Renewal Form

The Santa Cruz County Cycling Club is a group of bicycling enthusiasts with a wide variety of interests and abilities. The mission of the SCCCC is to promote bicycling for all ages through education and organized bicycling events. Included in your membership is a subscription to The Roadrunner, the club's award-winning, bimonthly newsletter, which publishes a schedule of rides and bicycling announcements. In addition, local bicycle shops offer a 10% discount for club members. The club's website, www.santacruz cycling.org provides a home base for your club activities. Annual membership dues must be paid to remain a member in good standing. **Dues become due on Jan. 1st of each year based upon the term of your membership.**

Member First Name	*Member Family Name	*Member Contact Email
*Member Contact Telephone	Member Ride Cell Phone	<input type="checkbox"/> New Member <input type="checkbox"/> Renewal Member <input type="checkbox"/> Include on Printed Roster <input type="checkbox"/> Add to SCCCC Email list
2nd Member First Name	2nd Member Family Name and Email	One Year Memberships <input type="checkbox"/> Individual \$25 <input type="checkbox"/> \$30 for RR Mail* <input type="checkbox"/> Family \$35 <input type="checkbox"/> \$40 for RR Mail* <input type="checkbox"/> Junior \$10 <input type="checkbox"/> \$15 for RR Mail*
2nd Member Contact Telephone	2nd Member Cell Phone	Three-Year Memberships <input type="checkbox"/> Individual \$60 <input type="checkbox"/> \$75 for RR Mail* <input type="checkbox"/> Family \$90 <input type="checkbox"/> \$105 for RR Mail*

*Street Address *City *State *Zip *Roadrunner Newsletter delivered by US Mail

League of American Bicyclists (LAB)
 Release and Waiver of Liability, Assumption of Risk, and Indemnity Agreement ("Agreement")
 Each applicant for membership shall read and sign the following Release Agreement

In Consideration of being permitted to participate in any way in Santa Cruz County Cycling Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. Acknowledge, agree and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. Fully Understand that: (a) Bicycling Activities Involve Risks and Dangers of Serious Bodily Injury, including permanent disability, paralysis and death ("Risks"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions of others participating in the activity, the condition in which the activity takes place, or the negligence of the "Releases" named below; (c) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs and damages I incur as a result of my participation in the Activity.

3. Hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless the Club, the LAB, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of the premises on which the Activity takes place (each considered one of the "Releases" herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "Releases" or otherwise, including negligent rescue operations.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Signature of Applicant Date Signature(s) of additional family members 18 years or older Date

Please complete the following for any minor (18-year-old) family members:

Minor Release

And I, the Minor's parent and/or legal guardian, understand the nature of bicycling activities and the Minor's experience and capabilities and believe the minor to be qualified, in good faith, and in proper physical condition to participate in such activities. I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless each of the releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the "releases" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the releasees named above, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss liability, damage, or any cost that may incur as the result of any such claim

Printed Name of Parent or Guardian Signature of Parent or Guardian Signature of Minor

Please sign waiver — Incomplete Forms Will Be Returned

Enclosed is \$_____ dues for membership in the Santa Cruz County Cycling Club which entitles me to all the rights and privileges of membership. Make check payable to SCCCC and mail to: Santa Cruz County Cycling Club, P.O. Box 8342, Santa Cruz, CA 95061-8342

November—December, 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4 <i>Club Ride</i>
5	6 <i>D ride/West Marine</i>	7 <i>Club Ride</i> <i>GP</i>	8	9 <i>Gizdich ride</i> <i>10 a.m. Corralitos</i>	10	11 <i>Club Ride</i>
12 <i>Go for a</i> <i>bike ride!</i>	13 <i>D ride/Ann Soldo</i>	14 <i>Club Ride</i> <i>Aptos</i>	15	16 <i>Gizdich ride</i> <i>10 a.m. Corralitos</i>	17	18 <i>Club Ride</i>
19	20 <i>D ride/Sand City</i>	21 <i>Club Ride</i> <i>GP</i>	22	23 <i>Gizdich ride</i> <i>10 a.m. Corralitos</i>	24	25 <i>Club Ride</i>
26	27 <i>D ride/Hollister</i>	28 <i>Club Ride</i> <i>Aptos</i>	29	30 <i>Happy</i> <i>Thanksgiving!</i>	1	2 <i>Club Ride</i>
3	4 <i>D ride/Ann Soldo</i>	5 <i>Club Ride</i> <i>GP</i>	6 <i>Be a bicycling</i> <i>ambassador</i>	7 <i>Gizdich ride</i> <i>10 a.m. Corralitos</i>	8	9 <i>Club Ride</i>
10 <i>Go for a</i> <i>bike ride!</i>	11 <i>D ride/Pacific Grove</i>	12 <i>Club Ride</i> <i>Aptos</i>	13	14 <i>Gizdich ride</i> <i>10 a.m. Corralitos</i>	15	16 <i>Club Ride</i>
17	18 <i>D ride/Seascape</i>	19 <i>Club Ride</i> <i>GP</i>	20 <i>Clean your bike</i>	21 <i>Gizdich ride</i> <i>10 a.m. Corralitos</i>	22	23 <i>Club Ride</i>
24 <i>Clean your bike!</i>	25 <i>Happy Holiday!</i>	26 <i>Club Ride</i> <i>Aptos</i>	27	28 Go Green	29	30 <i>Club Ride</i>
31					<i>GP is Gateway</i> <i>Plaza</i>	



 Santa Cruz County Cycling Club Membership Card
 www.santacruzccycling.org (Valid only with member's mailing label.)



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